

monster[®]

EMPLOYMENT INDEX

CONTACTS:

Steve Sylven
 Monster Worldwide
 (978) 461-8503
Steve.Sylven@monster.com

Deepika Murty
 Monster Worldwide
 (978) 461-8765
Deepika.Murty@monster.com

Monster Employment Index – St.Louis

Market	JAN 10	DEC 09	NOV 09	OCT 09	SEP 09	AUG 09	JUL 09	JUN 09	MAY 09	APR 09	MAR 09	FEB 09	JAN 09
St.Louis	83	85	89	90	91	93	89	91	91	93	91	95	89

By Occupation

St.Louis	2010	2009											
	Jan	Dec	Nov	Oct	Sep	Aug	Jul	Jun	May	Apr	Mar	Feb	Jan
Management	80	86	94	92	94	94	89	89	87	90	92	99	95
Business and Financial Operations	110	109	113	109	106	105	100	101	105	109	105	112	105
Computer and Mathematical	56	60	61	64	64	61	65	65	61	64	71	76	76
Architecture and Engineering	63	65	67	69	70	68	70	71	75	75	80	88	88
Life, Physical, and Social Science	90	88	90	89	90	92	85	97	95	103	94	99	99
Community and Social Services	111	137	134	121	144	133	156	127	141	150	150	154	104
Legal	77	82	80	78	82	78	80	84	80	84	84	88	88
Education, Training, and Library	111	107	136	115	113	117	91	102	123	121	136	117	106
Arts, Design, Entertainment, Sports and Media	81	85	88	85	91	98	86	90	90	90	90	87	86
Healthcare Practitioners and Technical	99	105	108	115	119	114	126	132	120	117	110	112	121
Healthcare Support	31	33	40	28	26	31	30	26	29	30	22	20	20
Protective Service	82	109	101	116	98	103	102	93	80	90	90	102	94
Food Preparation and Serving	121	114	122	131	145	135	123	139	144	139	138	131	116



Building, Grounds Cleaning, Maintenance	54	51	66	67	78	68	61	70	74	67	71	70	70
Sales and Related	78	79	81	80	82	93	81	83	82	83	81	81	79
Office and Administrative Support	54	58	57	64	62	68	62	68	68	69	64	72	65
Construction and Extraction	91	94	95	88	94	96	101	91	98	98	94	97	86
Installation, Maintenance, and Repair	109	106	108	103	115	102	102	108	110	121	102	99	87
Production	68	69	78	80	77	84	77	74	76	80	76	84	81
Transportation and Material Moving	71	83	87	91	93	92	91	89	97	95	86	95	89
Military Specific	93	93	99	95	106	114	115	111	110	122	121	121	113

About the Monster Employment Index

Launched in April 2004 with data collected since October 2003, the Monster Employment Index is a broad and comprehensive monthly analysis of U.S. online job demand conducted by Monster Worldwide, Inc. Based on a real-time review of millions of employer job opportunities culled from a large, representative selection of online career outlets, including Monster, the Monster Employment Index presents a snapshot of employer online recruitment activity nationwide. The Monster Employment Index's underlying data is validated for accuracy by Research America, Inc. – an independent, third-party auditing firm – to ensure that measured online job recruitment activity is within a margin of error of +/- 1.05%. To obtain a full copy of the Monster Employment Index report for January 2010, including all charts and tables, please visit <http://about-monster.com/employment-index>. Data for the month of February 2010 will be released on March 4, 2010.

About Monster Worldwide

Monster Worldwide, Inc. (NYSE: MWW), parent company of Monster, the premier global online employment solution for more than a decade, strives to inspire people to improve their lives. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 index. To learn more about Monster's industry-leading products and services, visit www.monster.com. More information about Monster Worldwide is available at <http://about-monster.com/>

Special Note: Safe Harbor Statement Under the Private Securities Litigation Reform Act of 1995: Except for historical information contained herein, the statements made in this release constitute forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Such forward-looking statements involve certain risks and uncertainties, including statements regarding Monster Worldwide, Inc.'s strategic direction,



prospects and future results. Certain factors, including factors outside of Monster Worldwide's control, may cause actual results to differ materially from those contained in the forward-looking statements, including economic and other conditions in the markets in which Monster Worldwide operates, risks associated with acquisitions, competition, seasonality and the other risks discussed in Monster Worldwide's Form 10-K and other filings made with the Securities and Exchange Commission, which discussions are incorporated in this release by reference.