

monster[®]

EMPLOYMENT INDEX

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Monster Employment Index – Portland

Market	JAN 10	DEC 09	NOV 09	OCT 09	SEP 09	AUG 09	JUL 09	JUN 09	MAY 09	APR 09	MAR 09	FEB 09	JAN 09
Portland	62	69	74	72	71	75	64	62	61	59	58	62	59

By Occupation

Portland	2010	2009											
	Jan	Dec	Nov	Oct	Sep	Aug	Jul	Jun	May	Apr	Mar	Feb	Jan
Management	53	69	64	59	66	73	60	57	57	63	60	65	68
Business and Financial Operations	85	87	92	88	85	88	79	82	86	86	83	91	80
Computer and Mathematical	38	39	45	41	37	38	35	35	31	37	35	43	47
Architecture and Engineering	64	66	68	66	66	68	66	66	67	66	68	69	72
Life, Physical, and Social Science	122	129	126	122	107	111	102	100	94	100	106	112	98
Community and Social Services	162	171	201	207	199	185	189	162	163	158	176	149	120
Legal	114	115	121	119	119	117	113	111	114	115	116	112	100
Education, Training, and Library	89	90	99	105	119	101	92	92	81	99	95	83	80
Arts, Design, Entertainment, Sports and Media	45	41	50	49	50	69	56	45	44	39	36	36	31
Healthcare Practitioners and Technical	100	111	109	115	102	100	83	80	82	74	70	81	102
Healthcare Support	69	77	75	69	64	73	68	70	64	79	77	84	96
Protective Service	112	120	114	116	117	127	114	114	102	104	111	101	103
Food Preparation and Serving	94	102	105	108	116	114	114	116	116	103	96	95	89



Building, Grounds Cleaning, Maintenance	94	90	98	93	91	94	93	95	85	86	91	91	82
Sales and Related	71	81	81	82	79	88	75	69	71	68	66	69	64
Office and Administrative Support	73	76	79	74	81	86	77	72	72	68	71	73	71
Construction and Extraction	15	19	26	29	33	33	34	30	23	22	27	29	26
Installation, Maintenance, and Repair	87	88	96	102	99	103	104	102	95	87	89	97	87
Production	93	97	101	97	92	91	82	83	81	78	82	88	86
Transportation and Material Moving	38	43	49	46	46	43	38	33	46	34	38	37	39
Military Specific	101	106	108	105	104	105	104	107	105	111	113	115	106

About the Monster Employment Index

Launched in April 2004 with data collected since October 2003, the Monster Employment Index is a broad and comprehensive monthly analysis of U.S. online job demand conducted by Monster Worldwide, Inc. Based on a real-time review of millions of employer job opportunities culled from a large, representative selection of online career outlets, including Monster, the Monster Employment Index presents a snapshot of employer online recruitment activity nationwide. The Monster Employment Index's underlying data is validated for accuracy by Research America, Inc. – an independent, third-party auditing firm – to ensure that measured online job recruitment activity is within a margin of error of +/- 1.05%. To obtain a full copy of the Monster Employment Index report for January 2010, including all charts and tables, please visit <http://about-monster.com/employment-index>. Data for the month of February 2010 will be released on March 4, 2010.

About Monster Worldwide

Monster Worldwide, Inc. (NYSE: MWW), parent company of Monster, the premier global online employment solution for more than a decade, strives to inspire people to improve their lives. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 index. To learn more about Monster's industry-leading products and services, visit www.monster.com. More information about Monster Worldwide is available at <http://about-monster.com/>

Special Note: Safe Harbor Statement Under the Private Securities Litigation Reform Act of 1995: Except for historical information contained herein, the statements made in this release constitute forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Such forward-looking statements involve certain risks and uncertainties, including statements regarding Monster Worldwide, Inc.'s strategic direction,



prospects and future results. Certain factors, including factors outside of Monster Worldwide's control, may cause actual results to differ materially from those contained in the forward-looking statements, including economic and other conditions in the markets in which Monster Worldwide operates, risks associated with acquisitions, competition, seasonality and the other risks discussed in Monster Worldwide's Form 10-K and other filings made with the Securities and Exchange Commission, which discussions are incorporated in this release by reference.