

monster[®]

EMPLOYMENT INDEX

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Monster Employment Index – Minneapolis

Market	JAN 10	DEC 09	NOV 09	OCT 09	SEP 09	AUG 09	JUL 09	JUN 09	MAY 09	APR 09	MAR 09	FEB 09	JAN 09
Minneapolis	68	72	72	70	70	68	63	69	70	71	68	75	75

By Occupation

Minneapolis	2010	2009											
	Jan	Dec	Nov	Oct	Sep	Aug	Jul	Jun	May	Apr	Mar	Feb	Jan
Management	66	75	75	72	74	74	67	65	67	72	69	78	82
Business and Financial Operations	76	79	80	78	75	73	67	73	75	78	74	80	81
Computer and Mathematical	66	69	69	68	66	63	63	63	68	66	67	75	71
Architecture and Engineering	42	44	40	41	42	42	42	46	46	48	50	58	60
Life, Physical, and Social Science	62	67	63	65	67	63	57	68	68	67	67	77	81
Community and Social Services	95	104	99	101	100	102	109	99	97	99	93	100	98
Legal	77	81	80	78	73	74	72	78	78	78	77	85	81
Education, Training, and Library	82	86	80	81	85	82	75	79	76	70	67	73	74
Arts, Design, Entertainment, Sports and Media	92	96	104	96	92	107	93	92	91	89	88	88	89
Healthcare Practitioners and Technical	98	107	92	81	75	67	69	80	81	85	86	99	103
Healthcare Support	47	55	54	45	42	46	41	46	45	47	44	41	51
Protective Service	91	101	103	116	90	87	72	88	87	84	89	89	94
Food Preparation and Serving	92	96	104	109	114	109	100	109	111	104	94	97	97



Building, Grounds Cleaning, Maintenance	89	87	89	105	85	101	81	107	99	107	103	99	92
Sales and Related	66	71	72	69	71	70	62	68	68	68	65	68	66
Office and Administrative Support	58	60	61	61	63	60	55	66	66	68	65	70	73
Construction and Extraction	61	63	66	67	69	68	67	67	70	71	67	71	71
Installation, Maintenance, and Repair	77	80	80	82	83	78	75	83	85	89	76	78	78
Production	62	61	62	59	62	60	55	60	58	57	56	63	65
Transportation and Material Moving	81	84	77	72	73	71	65	59	66	62	55	60	60
Military Specific	93	91	90	90	90	89	88	93	94	96	98	99	98

About the Monster Employment Index

Launched in April 2004 with data collected since October 2003, the Monster Employment Index is a broad and comprehensive monthly analysis of U.S. online job demand conducted by Monster Worldwide, Inc. Based on a real-time review of millions of employer job opportunities culled from a large, representative selection of online career outlets, including Monster, the Monster Employment Index presents a snapshot of employer online recruitment activity nationwide. The Monster Employment Index's underlying data is validated for accuracy by Research America, Inc. – an independent, third-party auditing firm – to ensure that measured online job recruitment activity is within a margin of error of +/- 1.05%. To obtain a full copy of the Monster Employment Index report for January 2010, including all charts and tables, please visit <http://about-monster.com/employment-index>. Data for the month of February 2010 will be released on March 4, 2010.

About Monster Worldwide

Monster Worldwide, Inc. (NYSE: MWW), parent company of Monster, the premier global online employment solution for more than a decade, strives to inspire people to improve their lives. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 index. To learn more about Monster's industry-leading products and services, visit www.monster.com. More information about Monster Worldwide is available at <http://about-monster.com/>

Special Note: Safe Harbor Statement Under the Private Securities Litigation Reform Act of 1995: Except for historical information contained herein, the statements made in this release constitute forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Such forward-looking statements involve certain risks and uncertainties, including statements regarding Monster Worldwide, Inc.'s strategic direction,



prospects and future results. Certain factors, including factors outside of Monster Worldwide's control, may cause actual results to differ materially from those contained in the forward-looking statements, including economic and other conditions in the markets in which Monster Worldwide operates, risks associated with acquisitions, competition, seasonality and the other risks discussed in Monster Worldwide's Form 10-K and other filings made with the Securities and Exchange Commission, which discussions are incorporated in this release by reference.