



CONTACTS:

Steve Sylven
 Monster Worldwide
 (978) 461-8503
Steve.Sylven@monster.com

Deepika Murty
 Monster Worldwide
 (978) 461-8765
Deepika.Murty@monster.com

Monster Employment Index – Houston

Market	JAN 10	DEC 09	NOV 09	OCT 09	SEP 09	AUG 09	JUL 09	JUN 09	MAY 09	APR 09	MAR 09	FEB 09	JAN 09
Houston	97	98	102	102	105	106	103	105	107	108	110	117	108

By Occupation

Houston	2010	2009											
	Jan	Dec	Nov	Oct	Sep	Aug	Jul	Jun	May	Apr	Mar	Feb	Jan
Management	94	101	106	103	110	110	110	107	112	112	115	127	117
Business and Financial Operations	95	94	97	95	95	97	93	93	99	100	101	108	101
Computer and Mathematical	81	83	83	82	84	84	84	87	88	87	94	99	99
Architecture and Engineering	79	78	79	81	81	81	78	81	83	84	89	95	100
Life, Physical, and Social Science	59	43	37	42	35	43	39	43	52	54	67	66	52
Community and Social Services	129	118	133	126	119	115	127	130	145	145	142	146	121
Legal	72	75	79	81	88	83	81	88	90	88	97	94	88
Education, Training, and Library	166	157	186	155	182	192	175	170	150	147	160	160	129
Arts, Design, Entertainment, Sports and Media	105	114	118	122	124	121	96	106	109	110	110	110	111
Healthcare Practitioners and Technical	137	134	140	164	171	171	165	168	174	174	176	180	147
Healthcare Support	74	85	90	96	97	97	95	97	108	114	114	117	97
Protective Service	136	134	143	139	130	140	143	162	146	150	165	149	145
Food Preparation and Serving	113	120	119	126	130	124	120	129	132	134	136	142	129



Building, Grounds Cleaning, Maintenance	94	90	94	95	104	106	97	118	109	112	115	122	113
Sales and Related	83	87	92	86	89	87	87	90	89	90	89	94	88
Office and Administrative Support	87	93	99	93	101	100	95	98	96	102	103	109	97
Construction and Extraction	123	123	131	130	145	146	150	150	154	140	143	159	149
Installation, Maintenance, and Repair	97	101	108	113	120	118	124	122	122	119	123	130	116
Production	94	99	98	99	100	102	101	106	103	103	106	120	116
Transportation and Material Moving	109	107	104	96	107	104	107	105	103	103	103	115	102
Military Specific	100	102	101	98	111	122	101	105	121	133	142	130	110

About the Monster Employment Index

Launched in April 2004 with data collected since October 2003, the Monster Employment Index is a broad and comprehensive monthly analysis of U.S. online job demand conducted by Monster Worldwide, Inc. Based on a real-time review of millions of employer job opportunities culled from a large, representative selection of online career outlets, including Monster, the Monster Employment Index presents a snapshot of employer online recruitment activity nationwide. The Monster Employment Index's underlying data is validated for accuracy by Research America, Inc. – an independent, third-party auditing firm – to ensure that measured online job recruitment activity is within a margin of error of +/- 1.05%. To obtain a full copy of the Monster Employment Index report for January 2010, including all charts and tables, please visit <http://about-monster.com/employment-index>. Data for the month of February 2010 will be released on March 4, 2010.

About Monster Worldwide

Monster Worldwide, Inc. (NYSE: MWW), parent company of Monster, the premier global online employment solution for more than a decade, strives to inspire people to improve their lives. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 index. To learn more about Monster's industry-leading products and services, visit www.monster.com. More information about Monster Worldwide is available at <http://about-monster.com/>

Special Note: Safe Harbor Statement Under the Private Securities Litigation Reform Act of 1995: Except for historical information contained herein, the statements made in this release constitute forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Such forward-looking statements involve certain risks and uncertainties, including statements regarding Monster Worldwide, Inc.'s strategic direction,



prospects and future results. Certain factors, including factors outside of Monster Worldwide's control, may cause actual results to differ materially from those contained in the forward-looking statements, including economic and other conditions in the markets in which Monster Worldwide operates, risks associated with acquisitions, competition, seasonality and the other risks discussed in Monster Worldwide's Form 10-K and other filings made with the Securities and Exchange Commission, which discussions are incorporated in this release by reference.