

monster[®]

EMPLOYMENT INDEX

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Monster Employment Index – Denver

Market	JAN 10	DEC 09	NOV 09	OCT 09	SEP 09	AUG 09	JUL 09	JUN 09	MAY 09	APR 09	MAR 09	FEB 09	JAN 09
Denver	77	80	82	83	84	85	81	83	82	81	82	85	82

By Occupation

Denver	2010	2009											
	Jan	Dec	Nov	Oct	Sep	Aug	Jul	Jun	May	Apr	Mar	Feb	Jan
Management	77	83	87	86	89	91	87	82	83	86	84	91	90
Business and Financial Operations	84	84	86	87	84	87	81	84	88	88	85	90	86
Computer and Mathematical	71	73	72	73	75	71	71	73	74	73	82	81	80
Architecture and Engineering	61	61	64	64	62	64	64	63	63	63	68	72	73
Life, Physical, and Social Science	69	70	64	61	60	67	65	65	65	72	71	82	77
Community and Social Services	123	133	136	148	154	145	146	143	138	144	144	130	118
Legal	89	90	94	92	95	93	91	93	93	91	92	99	100
Education, Training, and Library	107	109	107	110	122	128	105	105	105	101	105	107	97
Arts, Design, Entertainment, Sports and Media	90	89	93	95	99	95	92	97	91	89	89	89	88
Healthcare Practitioners and Technical	97	99	102	103	104	106	101	107	101	108	106	115	109
Healthcare Support	67	69	69	70	69	70	69	73	68	70	72	71	76
Protective Service	99	98	113	105	107	109	95	99	88	98	111	106	84
Food Preparation and Serving	83	88	93	106	110	107	96	107	103	101	95	94	85



Building, Grounds Cleaning, Maintenance	76	70	72	78	76	83	85	94	94	75	77	85	94
Sales and Related	70	76	77	78	79	80	77	76	74	74	74	75	72
Office and Administrative Support	67	69	72	72	74	74	69	71	69	67	68	74	73
Construction and Extraction	77	77	81	81	83	83	82	86	82	82	82	83	81
Installation, Maintenance, and Repair	89	90	95	105	107	105	101	112	99	93	96	93	83
Production	72	76	78	80	78	77	74	78	77	75	79	82	78
Transportation and Material Moving	84	85	86	83	81	82	82	82	84	77	77	79	76
Military Specific	113	100	99	97	94	117	94	110	104	108	114	110	104

About the Monster Employment Index

Launched in April 2004 with data collected since October 2003, the Monster Employment Index is a broad and comprehensive monthly analysis of U.S. online job demand conducted by Monster Worldwide, Inc. Based on a real-time review of millions of employer job opportunities culled from a large, representative selection of online career outlets, including Monster, the Monster Employment Index presents a snapshot of employer online recruitment activity nationwide. The Monster Employment Index's underlying data is validated for accuracy by Research America, Inc. – an independent, third-party auditing firm – to ensure that measured online job recruitment activity is within a margin of error of +/- 1.05%. To obtain a full copy of the Monster Employment Index report for January 2010, including all charts and tables, please visit <http://about-monster.com/employment-index>. Data for the month of February 2010 will be released on March 4, 2010.

About Monster Worldwide

Monster Worldwide, Inc. (NYSE: MWW), parent company of Monster, the premier global online employment solution for more than a decade, strives to inspire people to improve their lives. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 index. To learn more about Monster's industry-leading products and services, visit www.monster.com. More information about Monster Worldwide is available at <http://about-monster.com/>

Special Note: Safe Harbor Statement Under the Private Securities Litigation Reform Act of 1995: Except for historical information contained herein, the statements made in this release constitute forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Such forward-looking statements involve certain risks and uncertainties, including statements regarding Monster Worldwide, Inc.'s strategic direction,



prospects and future results. Certain factors, including factors outside of Monster Worldwide's control, may cause actual results to differ materially from those contained in the forward-looking statements, including economic and other conditions in the markets in which Monster Worldwide operates, risks associated with acquisitions, competition, seasonality and the other risks discussed in Monster Worldwide's Form 10-K and other filings made with the Securities and Exchange Commission, which discussions are incorporated in this release by reference.