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Monster Employment Index Canada Rises Four Points in Second Quarter of 2008

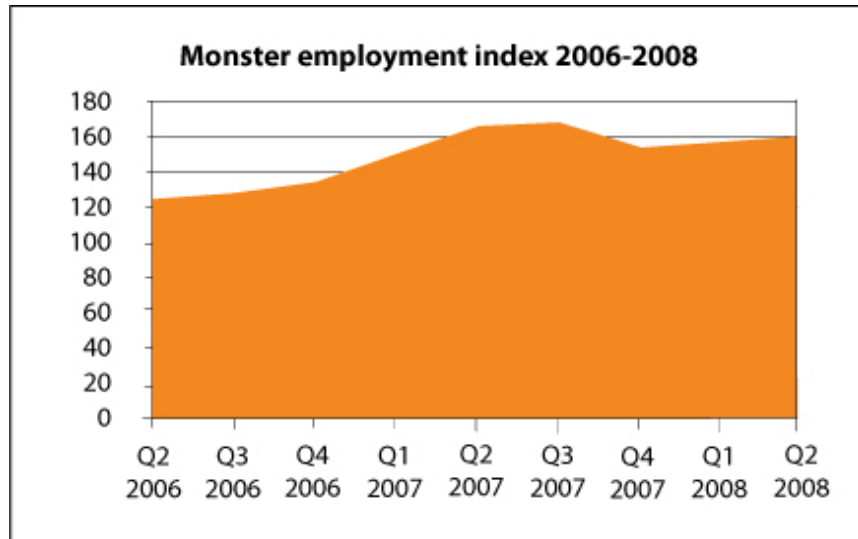
- Index of online job postings increases to 160 in quarter but is down by 4% from a year ago
- Six of 10 job categories register gains, led by manufacturing, trades, transportation
- Eight of 13 Canadian cities tracked show increased online job availability in Q2

The Monster Employment Index Canada increased by four points in the second quarter of 2008, hitting 160 points overall amid increased online recruitment activity. Despite the Q2 increase, however, the Index is down by five points or 4 percent overall compared to the Q2 period one year earlier.

The Monster Employment Index Canada is based on a real-time review of millions of employer job opportunities culled from a large, representative selection of corporate career sites and job boards, including Monster.ca®.

During the second quarter of 2008, six of 10 occupational categories tracked by the Index showed greater online job demand compared to the previous quarter of 2008, with the remaining four categories registering weaker online recruitment.

Index results for the latest quarter, as well as previous quarters, are as follows:



Q2 2008	Q1 2008	Q4 2007	Q3 2007	Q2 2007	Q1 2007	Q4 2006	Q3 2006	Q2 2006
160	156	151	165	165	149	134	126	123

“The Monster Employment Index Canada increased again during the second quarter of 2008 and the latest results continue an upward hiring trend for the first half of 2008,” said Peter Gilfillan, Vice President of Sales and General Manager of Monster Canada. “The Q2 results are down from one year ago, however, indicating that employers may be taking a more cautious approach to hiring for the time being.”

Online Recruitment Rises in Six of 10 Job Categories

Online recruitment activity in manufacturing jobs jumped 11 points to 146 during Q2. The category is now up 20 points or 16 percent compared to the second quarter of 2007.

Online opportunities in trades and transportation also surged, rising 10 points to 130. Despite the rise, the sector is down by seven points compared to one year earlier.

Online job availability in management occupations rose by six points to a record high of 152 amid gains in accounting, executive and human resources jobs. Year-over-year, the category is up by 27 points.

Other industry categories registering increased online job availability during the quarter include: art, culture, recreation and sport, rising six points to 129 in Q2, but down 24 points year-over-year; social science, education, government and religion, rising four points to 101 in Q2 but down 19 points from a year earlier; business, finance and administration jobs, rising one point to 114 in the quarter but down a point from a year earlier.

In contrast, recruitment among health sector occupations fell 19 points to 130 but remained about one point higher than a year ago.

Online recruitment in occupations unique to primary industry fell by six points to 193 but was up 16 points year-over-year.

Sales and services jobs saw online recruitment decline by five points to 124 in the quarter and that sector is down by about five points from a year earlier.

Natural and applied sciences, including IT and computer-related occupations, dropped by five points to 157 in the second quarter but remains 23 points higher year-over-year.

National Occupation Classifications	2008		2007				2006			
	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1
Business, Finance and Administrative Occupations	114	113	102	104	115	113	104	105	104	105
Health Occupations	130	149	122	116	130	127	124	124	123	112
Management Occupations	152	146	116	111	125	124	114	112	113	113
Natural and Applied Sciences and Related Occupations	157	162	140	145	134	130	130	115	115	113
Occupations Unique to Primary Industry	193	199	171	148	177	142	123	112	108	108
Occupations Unique to Processing, Manufacturing and Utilities	146	135	144	154	126	118	132	135	125	109
Occupations in Art, Culture, Recreation and Sport	129	123	135	138	152	132	134	124	114	110
Occupations in Social Science, Education, Government Service and Religion	101	97	112	98	120	120	118	102	109	101
Sales and Services Occupations	124	129	116	115	129	118	109	115	123	109
Trades, Transport and Equipment Operators and Related Occupations	130	120	128	131	137	125	120	119	132	109

Online Job Availability Rises in Seven Provinces

During the second quarter of 2008, online job availability increased in seven Canadian provinces and declined in three provinces plus the territories tracked by the MEI.

In Central Canada, online recruitment activity in Ontario declined by four points to 148 amid weaker activity in business, finance and administration jobs, health occupations and sales and services.

Online recruitment in Quebec, meanwhile, rose 22 points to a record high 158 amid stronger demand in trades and transportation, management, sales and services, and business and finance occupations.

In the West, British Columbia saw online recruitment fall by one point to 136 amid weaker activity in the health sector as well as in sales and services and management jobs. Online recruitment increased in Alberta by one point to 148, in Manitoba by one point to 141 and in Saskatchewan by six points to 133, all amid increased activity in trades and transportation, business and finance, and management jobs.

In Eastern Canada, PEI saw online recruitment soar by 39 points to 136, Nova Scotia was up by 32 to 144 and Newfoundland/Labrador rose 14 points to 177. Online opportunities in New Brunswick declined by about one point to 113.

Provinces & Territories	2008		2007				2006			
	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1
Alberta	148	147	137	151	149	136	127	122	119	112
British Columbia	136	137	133	146	147	134	126	126	121	113
Manitoba	141	140	157	180	177	144	136	131	128	113
New Brunswick	113	113	155	169	154	137	135	132	123	112
Newfoundland and Labrador	177	163	142	155	152	134	123	125	124	111
Nova Scotia	144	112	139	173	145	125	119	119	121	111
Northwest Territories	110	157	153	131	133	128	116	105	110	103
Nunavut	139	160	156	141	149	134	128	105	112	104
Ontario	148	152	147	161	167	161	140	118	113	108
PEI	136	97	128	153	149	116	100	111	112	100
Quebec	158	136	124	128	144	126	118	121	116	107
Saskatchewan	133	127	119	152	125	107	103	119	120	103
Yukon	111	138	141	125	128	116	113	103	106	97

Adjusted to total working population, the Monster Employment Index Canada found the following provinces to be the top six in terms of online job availability during the first quarter of 2008:

Rank	Province
1	Alberta
2	Saskatchewan
3	Quebec
4	Nova Scotia
5	Manitoba
6	Ontario

Online Job Availability Rises in Eight of 13 Major Cities

Online recruitment activity rose in eight of the 13 major cities monitored by the Index, with Halifax, Quebec City and Montreal leading the way.

Online recruitment in Halifax soared by 53 points in Q2 and is up year-over-year by 9 percent amid strong activity in trades and transportation, sales and services, and management jobs.

In Quebec, where Q2 recruitment was strong among trades and transportation, sales and services, management, and business and finance jobs, Montreal saw a 17-point increase in the period and is now up 15 percent year-over-year. Quebec City saw online recruitment rise 21 points during Q2 and is up 9 percent year-over-year.

Online opportunities in Toronto fell by 12 points, and is down 13 percent year-over-year, amid weaker demand in management, business, sales and services and healthcare occupations. Ottawa-Gatineau lost four points, and is down 3 percent year-over-year, amid lower demand for workers in natural and applied sciences, including IT jobs, business, and sales and services. Kitchener fell six points and is down 7 percent year-over-year. Hamilton saw activity increase by three points, and is up year-over-year by 7 percent.

In the West, Vancouver was down by four points and is down by 11 percent year-over-year. Edmonton edged lower by one point and is now down by 6 percent year-over-year. Calgary added one point to remain unchanged from one year earlier, and Winnipeg also rose by one point, but recruitment is down by 12 percent from one year earlier.

Regina increased by six points during the quarter and is ahead by 3 percent year-over-year, while Saskatoon rose by three points and is up by 3 percent from one year earlier.

Census Metropolitan Areas	2008		2007				2006			
	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1
Calgary	140	139	131	139	139	133	128	125	125	113
Edmonton	153	154	148	164	163	150	135	126	125	105
Halifax	151	98	139	147	138	116	118	113	120	113
Hamilton	214	211	181	196	199	183	167	135	124	113
Kitchener	155	161	153	155	167	170	149	117	110	112
Montreal	193	176	154	159	168	141	116	124	115	106
Ottawa/Gatineau	132	136	130	133	135	133	125	112	114	110
Quebec City	156	135	119	132	144	131	109	113	104	105
Regina	129	123	122	149	125	114	104	116	114	102
Saskatoon	129	126	117	144	125	107	102	113	113	102
Toronto	135	147	142	154	156	153	141	122	120	111
Vancouver	126	130	128	139	141	134	126	124	122	113
Winnipeg	166	165	173	197	189	154	145	144	143	113

Adjusted to total working population, the Monster Employment Index Canada found the following cities to be the top six in terms of online job availability during the first quarter of 2008:

Rank	CMA
1	Calgary
2	Edmonton
3	Quebec City
4	Saskatoon
5	Regina
6	Kitchener

About the Monster Employment Index Canada

The Monster Employment Index Canada is a broad and comprehensive quarterly analysis of Canadian online job demand conducted by Monster Worldwide, Inc. (NASDAQ: MNST), parent company of the leading global online careers and recruitment resource Monster®. As the first national index measuring real-time online job demand, the Monster Employment Index Canada is based on millions of online job postings and data culled from Monster Canada (www.monster.ca), as well as a number of other recruitment Web sites considered representative of employer activity nationwide.

With data collected since April, 2005, the Index uses a consistent methodology to track overall online job demand in Canada, providing Canadian labour-market watchers with a new forward-looking indicator of employer demand for employees.

All of the data and findings in the Monster Employment Index Canada are validated for accuracy through third party auditing conducted by U.S.-based Research America, Inc.

Index reports can be accessed and subscribed to free at <http://eIndex.monsterworldwide.com>. The next report of the Monster Employment Index Canada will be released in July, 2008. To obtain a full copy of the Monster Employment Index Canada report for the first quarter of 2008, including all charts and tables, please visit <http://eIndex.monsterworldwide.com>.

To subscribe and have the Monster Employment Index Canada report emailed to you on a quarterly basis, visit http://www.monsterworldwide.com/Public_Relations/eIndex.html.

About Monster Canada

Monster Canada (www.Monster.ca) is Canada's leading online career resources portal - a bilingual, user-friendly site that is improving the employment and recruitment experience in today's competitive job market. Headquartered in Montreal, Monster Canada is part of Monster, the leading global careers and recruitment resource online. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 Index and the NASDAQ 100. To learn more about Monster's industry-leading employer products and services, please visit <http://solutions.monster.ca>.

About Monster Worldwide

Monster Worldwide, Inc. (NASDAQ: MNST), parent company of Monster®, the premier global online employment solution for more than a decade, strives to bring people together to advance their lives. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 Index and the NASDAQ 100. To learn more about Monster's industry-leading products and services, visit www.monster.com. More information about Monster Worldwide is available at www.monsterworldwide.com.

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