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Monster Employment Index Canada Rises 17 points in March

March 2007 Index Highlights:

- All provinces post gains in online recruitment activity;
- eight of 10 job categories show increased online job availability
- Opportunities increase in all cities tracked, with Edmonton, Montreal registering strongest gains
- Index now up 31 per cent year-over-year

Summary Overview

The Monster Employment Index Canada jumped 17 points in March, demonstrating broad growth in online job demand at the end of the first quarter. The Index, which rose to its highest level to date, is now up 38 points, or 31 per cent year-over-year. Eight of 10 national job classifications tracked by the Index posted gains in online recruitment activity during March, led by trades and transportation jobs, sales and services, and management occupations. All major Canadian cities tracked by the Index registered greater online job availability last month, with Montreal, Edmonton, Saskatoon and Regina leading the way.

Overall results for the Monster Employment Index Canada over the past year are as follows:

MAR 07	FEB 07	JAN 07	DEC 06	NOV 06	OCT 06	SEP 06	AUG 06	JUL 06	JUN 06	MAY 06	APR 06	MAR 06
158	141	147	126	140	138	131	130	118	124	125	120	120



“During March, the Monster Employment Index Canada rebounded strongly from the seasonal slowdown in February, as employers stepped up their recruitment efforts amid the spring hiring season,” said Gabriel Bouchard, vice president and general manager of Monster Canada. “Every province and every urban centre tracked by the Monster Index posted increases in online recruitment last month, demonstrating broad demand for workers across industries and occupations.”

Online Demand Rises in Eight of 10 Occupational Categories

Online demand for workers increased during March in eight of 10 job classifications tracked by the Index, with the largest increases seen for workers in trades and transportation jobs, sales and service, and management, business and finance jobs.

Only two categories registered declines, as healthcare services edged down four points and social sciences and government services dropped 16 points.

Online job opportunities in occupations related to trades, transportation and construction rose sharply, as did online recruitment in sales and service occupations, where activity in March rebounded strongly following a seasonal downturn in February.

Demand for workers in the management category also increased, reflecting higher demand for workers in accounting, executive management and human resources jobs. Opportunities for workers in processing, manufacturing and utilities jobs also jumped amid stronger economic activity in the manufacturing sector overall, while online job availability in the financial services and banking category edged up, in part due to particularly strong demand for workers in Western Canadian cities.

Results for the 10 occupational categories tracked by the Index over the past year are as follows:

OCCUPATION	2007			2006									
	Mar	Feb	Jan	Dec	Nov	Oct	Sep	Aug	Jul	Jun	May	Apr	Mar
Business, Finance and Administrative Occupations	118	108	113	100	106	107	101	108	106	110	103	100	105
Health Occupations	126	130	126	130	122	120	118	129	126	126	125	118	120
Management Occupations	131	118	122	107	119	116	111	109	116	119	113	108	112
Natural and Applied Sciences and Related Occupations	134	125	131	128	134	128	124	107	115	119	115	111	117
Occupations Unique to Primary Industry	150	140	137	128	126	114	108	113	116	96	107	122	107
Occupations Unique to Processing, Manufacturing and Utilities	123	111	120	108	141	149	140	131	135	132	124	118	117
Occupations in Art, Culture, Recreation and Sport	139	128	129	139	140	123	121	135	116	123	117	103	110
Occupations in Social Science, Education, Government Service and Religion	119	135	107	128	115	112	102	104	101	120	108	100	96
Sales and Service Occupations	121	108	124	104	110	114	118	115	113	120	127	121	116
Trades, Transport and Equipment Operators and Related Occupations	134	121	119	114	119	126	124	114	117	132	134	130	121

All 10 Provinces Rise During March

During March, online recruitment activity increased in all 10 Canadian provinces. All provinces exhibited double-digit increases, including three provinces which gained more than 20 points.

Central Canada rebounded from a sharp drop in February, while Ontario and Quebec increased 18 and 21 points respectively. The gains can be attributed to increased online job demand for workers in sales and service; trades, transportation and warehousing; business, finance and administrative occupations; and, natural and applied sciences, which includes IT, computer services and engineering.

In Western Canada, online recruitment also increased. British Columbia added 12 points, and continues to boast significant online job demand for



workers in sales and service; construction, trades and transportation; and, business, finance and administrative occupations. The province's unemployment rate recently dipped to a new low of 3.9 per cent. Meanwhile, Alberta jumped 21 points in March, its largest monthly increase since the Index's inception in 2005. On the prairies, Saskatchewan added 21 points amid increased online job demand for workers in business, finance and administrative positions as well as sales and service and trades, transportation and warehousing. Manitoba registered a gain of 17 points on higher demand for workers in trades, transportation and warehousing; sales and service; and, management.

Turning to Atlantic Canada, three provinces posted increases of 10 points, while Nova Scotia surged 25 points. The Atlantic region's increases reflected a strong demand for workers in sales and service occupations as well as business, finance and administrative occupations and management positions.

Results for the 13 provinces and territories tracked by the Index over the last year are as follows:

PROVINCE/TERRITORY	2007			2006									
	Mar	Feb	Jan	Dec	Nov	Oct	Sep	Aug	Jul	Jun	May	Apr	Mar
Alberta	147	125	137	123	128	130	129	124	114	119	116	120	122
British Columbia	143	131	129	124	127	127	129	129	120	125	122	117	120
Manitoba	155	138	138	127	137	144	139	125	127	130	123	133	119
New Brunswick	145	135	130	124	134	145	124	146	127	122	128	119	118
Newfoundland and Labrador	141	131	132	110	135	125	115	132	129	122	129	120	116
Nova Scotia	137	112	127	106	117	134	120	121	117	121	121	121	117
territories	126	134	125	131	115	103	97	102	116	112	116	101	104
Nunavut	147	142	115	140	130	115	98	108	107	108	126	103	110
Ontario	169	151	163	127	155	139	129	115	110	117	108	115	113
Prince Edward Island	125	115	107	112	88	99	106	116	109	115	111	110	111
Quebec	137	115	125	108	120	127	118	130	115	121	118	108	114
Saskatchewan	107	97	109	104	110	133	114	122	120	117	110	99	100
Yukon Territory	102	121	104	113	108	102	105	102	114	102	98	98	96

Top six provinces in terms of online job availability per working adult

Adjusted to total working population, the Monster Employment Index Canada found the following provinces to be the top six in terms of online job availability during the month of March:

Rank	Province
1	Alberta
2	Manitoba
3	Saskatchewan
4	Ontario
5	New Brunswick
6	British Columbia

All Cities Register Gains in March

All 13 Census Metropolitan Areas tracked by the Monster Employment Index Canada registered strong increases in online recruitment activity last month. Edmonton led the way with an increase of 30 points, followed closely by Saskatoon, with an increase of 30 points.

In Western Canada, Regina and Winnipeg joined Edmonton and Saskatoon with 20-plus point increases. Calgary's 17-point increase comes amid stronger demand for workers in trades, transport and equipment operation as relates to oil sands activities, as well as in sales and service; and business, finance and administrative occupations. Vancouver edged up four points, reflecting continued demand for workers in preparation for the 2010 Olympics.

In Ontario, online demand in Toronto rose 17 points in March. The Index for Toronto is now up 38 per cent year-over-year. Hamilton gained 14 points while Ottawa-Gatineau and Kitchener gained three and four points respectively.

In Quebec, online job demand jumped 25 points in Montreal, while Quebec City saw a gain of 20 points. Both cities experienced significant increases in online recruitment for workers in sales and service as well as business, finance and administrative occupations.



In Eastern Canada, online job demand grew by 20 points in Halifax.

Results for the 13 census metropolitan areas tracked by the Index over the last year are as follows:

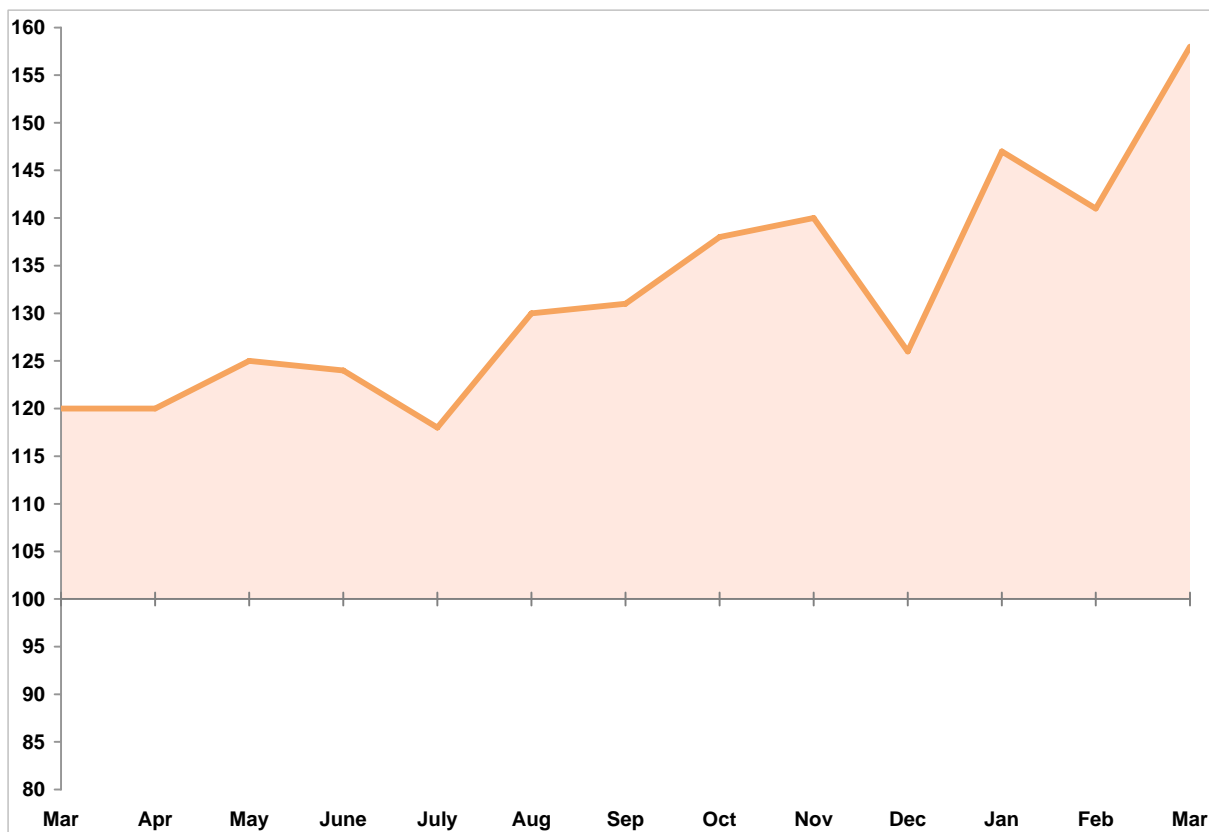
CENSUS METROPOLITAN AREA	2007			2006									
	Mar	Feb	Jan	Dec	Nov	Oct	Sep	Aug	Jul	Jun	May	Apr	Mar
Calgary	142	124	134	124	129	131	131	126	119	126	122	126	121
Edmonton	165	135	148	130	136	139	135	129	115	118	134	123	114
Halifax	125	105	119	112	116	127	112	113	113	122	120	118	116
Hamilton	190	176	182	160	179	160	143	132	131	139	120	114	115
Kitchener	176	172	163	154	157	135	127	113	111	115	104	111	120
Montreal	155	130	139	105	114	130	121	134	119	124	116	106	114
Ottawa/Gatineau	133	130	137	123	130	120	120	111	105	113	115	114	114
Quebec City	141	121	130	97	108	121	106	124	109	110	106	97	104
Regina	126	101	115	99	111	102	114	124	109	113	117	112	104
Saskatoon	123	93	105	96	106	103	107	121	113	111	115	113	110
Toronto	161	144	155	128	152	142	132	116	119	125	115	120	117
Vancouver	138	134	131	128	126	126	128	126	119	122	127	116	118
Winnipeg	170	149	145	139	146	150	149	141	143	149	137	142	119

Top six cities in terms of online job availability per working adult

Adjusted to total working population, the Monster Employment Index Canada found the following cities to be the top six in terms of online job availability during the month of January:

Rank	CMA
1	Calgary
2	Edmonton
3	Regina
4	Saskatoon
5	Kitchener
6	Winnipeg

Monster Employment Index Canada 2006-2007



MAR 06	APR 06	MAY 06	JUN 06	JUL 06	AUG 06	SEP 06	OCT 06	NOV 06	DEC 06	JAN 07	FEB 07	MAR 07
120	120	125	124	118	130	131	138	140	126	147	141	158



About the Monster Employment Index Canada

The Monster Employment Index Canada is a broad and comprehensive monthly analysis of Canadian online job demand conducted by Monster Worldwide, Inc. (NASDAQ: MNST), parent company of the leading global online careers and recruitment resource Monster®. As the first national index measuring real-time online job demand, the Monster Employment Index Canada is based on millions of online job postings and data culled from Monster Canada (www.monster.ca), as well as a number of other recruitment Web sites considered representative of employer activity nationwide. With data collected since April 2005, the Index uses a consistent methodology to track overall online job demand in Canada, providing Canadian labour-market watchers with a new forward-looking indicator of employer demand for employees.

All of the data and findings in the Monster Employment Index Canada are validated for accuracy through third party auditing conducted by U.S.-based ARC Research. Monthly Index reports can be accessed and subscribed to free-of-charge online at <http://eIndex.monsterworldwide.com>. The April 2007 findings of the Monster Employment Index Canada will be released on May 17, 2007

To obtain a full copy of the Monster Employment Index Canada report for March 2007, including all charts and tables, please visit <http://eIndex.monsterworldwide.com>. To subscribe and have the Monster Employment Index Canada report emailed to you on a monthly basis, please go to http://www.monsterworldwide.com/Public_Relations/eIndex.html.

About Monster Worldwide

Monster Worldwide, Inc. (NASDAQ: MNST) parent company of Monster®, the premier global online employment solution for more than a decade, strives to bring people together to advance their lives. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 Index and the NASDAQ 100. To learn more about Monster's industry-leading products and services, visit www.monster.com. More information about Monster Worldwide is available at www.monsterworldwide.com.

About Monster Canada

Monster Canada (www.Monster.ca) is Canada's leading career management portal - a bilingual, user-friendly online resource that is revolutionizing job seeking and recruitment. Headquartered in Montreal, Monster Canada is part of Monster, the leading global online careers and recruitment resource. Monster was founded in 1994 and is headquartered in Maynard, Massachusetts. Monster has a presence in 38 countries worldwide. Monster is known for connecting quality job seekers at all levels with leading employers across all industries and offers employers innovative technology and superior services that give them more control over the recruiting process. To learn more about Monster's industry-leading employer products and services, please visit <http://recruiter.monster.ca>.



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