



EMPLOYMENT INDEX

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Monster Employment Index Canada Rebounds in January

January 2007 Index Highlights:

- Index jumps 21 points in January following seasonal downturn in December
- Sales and service jobs lead the way as seven of 10 occupation categories increase
- Nine provinces register gains with Ontario up 36 points – the largest provincial increase

Summary Overview

The Monster Employment Index Canada gained 21 points in January to reach a new high of 147. The gain comes on the heels of a 14-point decrease that can be attributed to the seasonal slowdown in hiring that typically occurs during the last month of the year. Online recruitment activity during January 2007, increased in seven of the 10 job classifications tracked by the Monster Employment Index Canada. The largest gains came in the sales and service; management; and business, finance and administrative categories.

Overall results for the Monster Employment Index Canada over the past year are as follows:

JAN 07	DEC 06	NOV 06	OCT 06	SEP 06	AUG 06	JUL 06	JUN 06	MAY 06	APR 06	MAR 06	FEB 06	JAN 06
147	126	140	138	131	130	118	124	125	120	120	105	110

“Online recruiting in Canada recovered during January as reflected by the Monster Employment Index, and then gained a further seven points on its previous high, despite a decline in activity during December,” said Gabriel Bouchard, vice president and general manager of Monster Canada. “With this new high, the Index now sits at 34 per cent above where it was one year ago, indicating that employers intend to keep hiring through the first quarter of 2007.”

Online Demand Rises in Seven of 10 Occupational Categories

Online demand for workers increased in seven of the 10 job classifications during January. The largest gain, 20 points, was seen in sales and service occupations. Management, including accounting and auditing, followed with a 15-point increase while business, finance and administration occupations rounded out the top three with a 13-point increase.

Job demand in the manufacturing field increased 12 points in January, following a 33-point decrease in December. Meanwhile, online job demand in the health care field fell four points to 126 in January after gaining eight points the previous month.

Results for the 10 occupational categories tracked by the Index over the past year are as follows:

OCCUPATION	2007	2006											
	Jan	Dec	Nov	Oct	Sep	Aug	Jul	Jun	May	Apr	Mar	Feb	Jan
Business, Finance and Administrative Occupations	113	100	106	107	101	108	106	110	103	100	105	101	108
Health Occupations	126	130	122	120	118	129	126	126	125	118	120	108	108
Management Occupations	122	107	119	116	111	109	116	119	113	108	112	111	116
Natural and Applied Sciences and Related Occupations	131	128	134	128	124	107	115	119	115	111	117	111	113
Occupations Unique to Primary Industry	137	128	126	114	108	113	116	96	107	122	107	113	104
Occupations Unique to Processing, Manufacturing and Utilities	120	108	141	149	140	131	135	132	124	118	117	107	105
Occupations in Art, Culture, Recreation and Sport	129	139	140	123	121	135	116	123	117	103	110	117	103
Occupations in Social Science, Education, Government Service and Religion	107	128	115	112	102	104	101	120	108	100	96	93	114
Sales and Service Occupations	124	104	110	114	118	115	113	120	127	121	116	107	104
Trades, Transport and Equipment Operators and Related Occupations	119	114	119	126	124	114	117	132	134	130	121	106	102

Nine of 10 Provinces Post Increases During January

During January, online recruitment activity rose in nine of the 10 provinces tracked by the Index. Ontario experienced the most significant growth with a 36-point increase. Prince Edward Island, down five, registered the only decrease amid reduced online job demand for workers in social sciences and natural and applied sciences.

The remaining Atlantic provinces climbed in January amid increased demand for workers in sales and service; business, finance and administrative occupations; and, management.

Ontario's 36-point gain and Quebec's 17-point gain can be attributed to strong online demand for workers in: sales and service; business, finance and administrative occupations; management; and, natural and applied sciences, including IT, computer services and engineering.

In Western Canada, online recruitment increased five points in British Columbia, while Canada's three Prairie provinces also registered gains last month. The Index for Manitoba increased by 11 points while Saskatchewan gained 10 points as demand increased for workers in business, finance and administrative occupations; sales and service; and, trades, transportation and warehousing.

Alberta rounded out the Western gains with a 14-point increase of its own.

Results for the 13 provinces and territories tracked by the Index over the last year are as follows:

PROVINCE/TERRITORY	2007	2006											
	Jan	Dec	Nov	Oct	Sep	Aug	Jul	Jun	May	Apr	Mar	Feb	Jan
Alberta	137	123	128	130	129	124	114	119	116	120	122	104	109
British Columbia	129	124	127	127	129	129	120	125	122	117	120	108	110
Manitoba	138	127	137	144	139	125	127	130	123	133	119	109	111
New Brunswick	130	124	134	145	124	146	127	122	128	119	118	103	115
Newfoundland and Labrador	132	110	135	125	115	132	129	122	129	120	116	104	115
Nova Scotia	127	106	117	134	120	121	117	121	121	121	117	105	110
Northwest Territories	125	131	115	103	97	102	116	112	116	101	104	102	102
Nunavut	115	140	130	115	98	108	107	108	126	103	110	103	98
Ontario	163	127	155	139	129	115	110	117	108	115	113	101	108
Prince Edward Island	107	112	88	99	106	116	109	115	111	110	111	95	94
Quebec	125	108	120	127	118	130	115	121	118	108	114	103	104
Saskatchewan	107	97	109	104	110	133	114	122	120	117	110	99	100
Yukon Territory	102	121	104	113	108	102	105	102	114	102	98	98	96

Top six provinces in terms of online job availability per working adult

Adjusted to total working population, the Monster Employment Index Canada found the following provinces to be the top six in terms of online job availability during the month of January:

Rank	Province
1	Alberta
2	Ontario
3	Saskatchewan
4	Manitoba
5	British Columbia
6	Nova Scotia



All 13 Census Metropolitan Areas Show Increased Online Job Demand

All 13 Census Metropolitan Areas tracked by the Monster Employment Index Canada registered increases in online recruitment activity last month.

The cities of Central Canada registered the largest increases. Montreal registered a 34-point increase when compared to December, followed closely by Quebec City with a 33-point increase. Toronto posted a 27-point increase. All three cities experienced increased demand for workers in sales and service; management; business, finance and administrative occupations as well as in natural and applied sciences, particularly IT, engineering and computer services. Other Central Canadian cities tracked by the Index also showed strong gains in January as Ottawa-Gatineau and Hamilton posted double-digit increases and the city of Kitchener jumped nine points.

In the West, Vancouver, up three points, continues to show increased demand for workers in construction, trades; information; and, business, finance and administrative occupations as that city prepares for the 2010 Olympic Games. Edmonton registered its largest increase to date with an 18-point jump. Both Edmonton and Calgary, up 10 points, posted gains amid strong demand for workers in trades, transportation and equipment operation; sales and services; and, business, finance and administrative occupations. The Index for Winnipeg went up six points as demand increased for workers in management; business, finance and administrative occupations; and, sales and service.

Results for the 13 census metropolitan areas tracked by the Index over the last year are as follows:

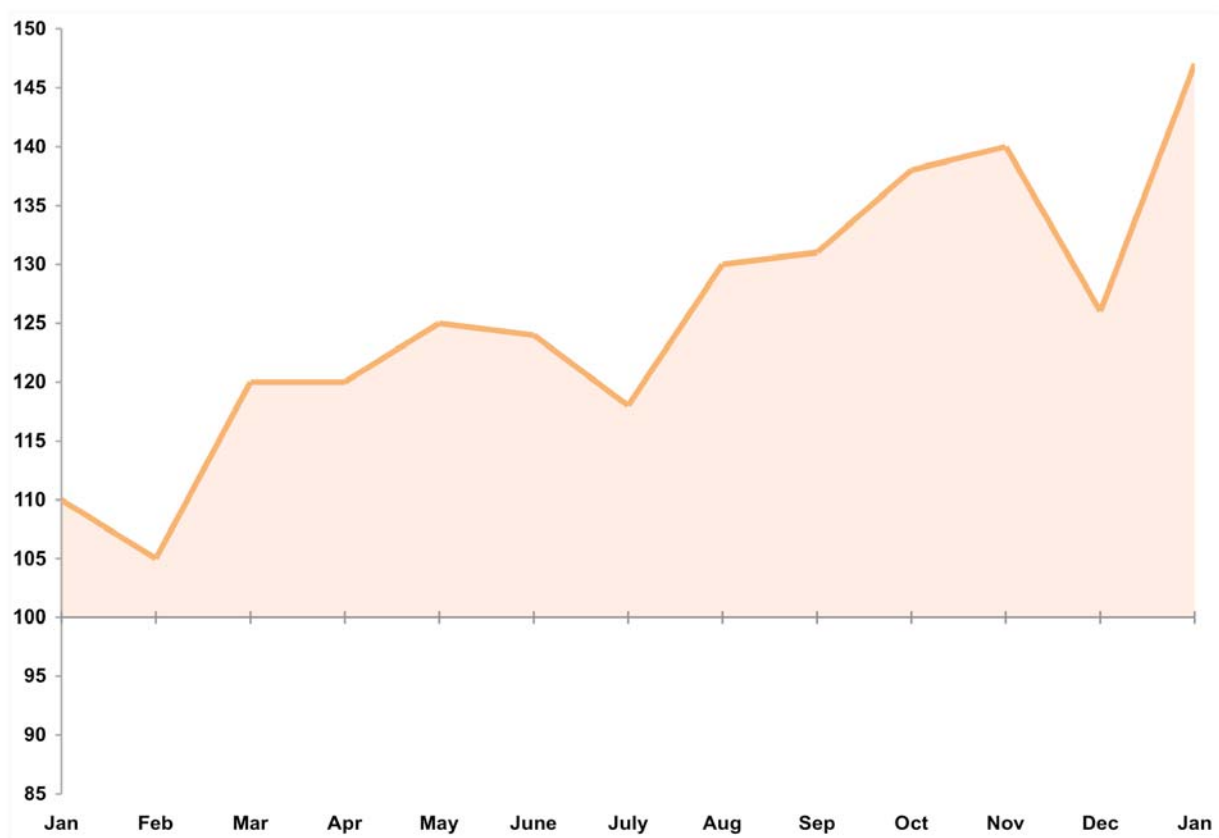
CENSUS METROPOLITAN AREA	2007	2006											
	Jan	Dec	Nov	Oct	Sep	Aug	Jul	Jun	May	Apr	Mar	Feb	Jan
Calgary	134	124	129	131	131	126	119	126	122	126	121	107	109
Edmonton	148	130	136	139	135	129	115	118	134	123	114	98	101
Halifax	119	112	116	127	112	113	113	122	120	118	116	109	114
Hamilton	182	160	179	160	143	132	131	139	120	114	115	107	117
Kitchener	163	154	157	135	127	113	111	115	104	111	120	107	111
Montreal	139	105	114	130	121	134	119	124	116	106	114	100	103
Ottawa/Gatineau	137	123	130	120	120	111	105	113	115	114	114	108	109
Quebec City	130	97	108	121	106	124	109	110	106	97	104	107	105
Regina	115	99	111	102	114	124	109	113	117	112	104	101	102
Saskatoon	105	96	106	103	107	121	113	111	115	113	110	96	101
Toronto	155	128	152	142	132	116	119	125	115	120	117	105	111
Vancouver	131	128	126	126	128	126	119	122	127	116	118	108	112
Winnipeg	145	139	146	150	149	141	143	149	137	142	119	110	112

Top six cities in terms of online job availability per working adult

Adjusted to total working population, the Monster Employment Index Canada found the following cities to be the top six in terms of online job availability during the month of January:

Rank	CMA
1	Calgary
2	Edmonton
3	Regina
4	Kitchener
5	Saskatoon
6	Toronto

Monster Employment Index Canada 2006-2007



JAN 06	FEB 06	MAR 06	APR 06	MAY 06	JUN 06	JUL 06	AUG 06	SEP 06	OCT 06	NOV 06	DEC 06	JAN 07
110	105	120	120	125	124	118	130	131	138	140	126	147



About the Monster Employment Index Canada

The Monster Employment Index Canada is a broad and comprehensive monthly analysis of Canadian online job demand conducted by Monster Worldwide, Inc. (NASDAQ: MNST), parent company of the leading global online careers and recruitment resource Monster®. As the first national index measuring real-time online job demand, the Monster Employment Index Canada is based on millions of online job postings and data culled from Monster Canada (www.monster.ca), as well as a number of other recruitment Web sites considered representative of employer activity nationwide.

With data collected since April 2005, the Index uses a consistent methodology to track overall online job demand in Canada, providing Canadian labour-market watchers with a new forward-looking indicator of employer demand for employees.

All of the data and findings in the Monster Employment Index Canada are validated for accuracy through third party auditing conducted by U.S.-based ARC Research. Monthly Index reports can be accessed and subscribed to free-of-charge online at <http://eIndex.monsterworldwide.com>. The February 2007 findings of the Monster Employment Index Canada will be released on March 15, 2007

To obtain a full copy of the Monster Employment Index Canada report for January 2007, including all charts and tables, please visit <http://eIndex.monsterworldwide.com>. To subscribe and have the Monster Employment Index Canada report emailed to you on a monthly basis, please go to http://www.monsterworldwide.com/Public_Relations/eIndex.html.

About Monster Worldwide

Monster Worldwide, Inc. (NASDAQ: MNST) parent company of Monster®, the premier global online employment solution for more than a decade, strives to bring people together to advance their lives. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 Index and the NASDAQ 100. To learn more about Monster's industry-leading products and services, visit www.monster.com. More information about Monster Worldwide is available at www.monsterworldwide.com.

About Monster Canada

Monster Canada (www.Monster.ca) is Canada's leading career management portal - a bilingual, user-friendly online resource that is revolutionizing job seeking and recruitment. Headquartered in Montreal, Monster Canada is part of Monster, the leading global online careers and recruitment resource. Monster was founded in 1994 and is headquartered in Maynard, Massachusetts. Monster has 34 local language and content sites in 32 countries worldwide. Monster is known for connecting quality job seekers at all levels with leading employers across all industries and offers employers innovative technology and superior services that give them more control over the recruiting process. To learn more about Monster's industry-leading employer products and services, please visit <http://recruiter.monster.ca>.



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