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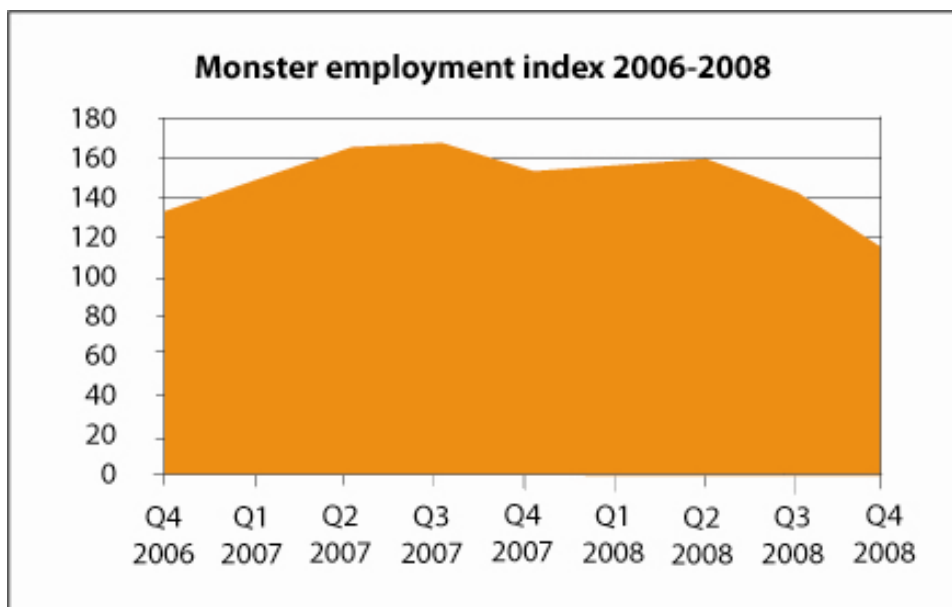
Monster Employment Index Canada Falls 27 Points in Fourth Quarter of 2008

- Index of online job postings declines 27 points to 118 in fourth quarter of 2008
- Online postings for Q4 are down by 22 per cent from a year earlier
- All job categories tracked by MEI register weaker online recruitment
- All provinces and all cities tracked show declining online recruitment

The Monster Employment Index Canada declined by 27 points in the fourth quarter of 2008, falling to 118 from 145 points overall amid weaker online recruitment activity across every province and in all major cities monitored. With the Q4 decline, the Index fell for a second consecutive quarter and is down by 22 per cent year-over-year compared to the Q4 period for 2007.

The Monster Employment Index Canada is based on a real-time review of millions of employer job opportunities culled from a large, representative selection of corporate career sites and job boards, including Monster.ca®.

During the fourth quarter of 2008, all 10 occupational categories tracked by the Index showed weaker online job demand compared to the previous quarter of 2008. Index results for the latest quarter, as well as previous quarters, are as follows:



Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4
2008	2008	2008	2008	2007	2007	2007	2007	2006
118	145	160	156	151	165	165	149	134

“Considering the current economic environment and the caution being shown by Canadian employers, it is not surprising to see declining online recruitment during Q4 as reflected by the Monster Employment Index Canada,” said Peter Gilfillan, Vice President of Sales and General Manager of Monster Canada. “The latest results indicate that conditions in the Canadian labour market are continuing to soften, with the Index down for a second consecutive quarter and lower by 22 per cent on a year-over-year basis.”

Online Demand Falls in All Job Categories Tracked

All of the major job categories tracked by the Monster Employment Index saw lower online recruitment in Q4, with trades and transportation jobs and primary industry occupations posting the sharpest losses overall.

Online recruitment in occupations unique to primary industry fell by 56 points to 126 and is down 26 per cent year-over-year. Online opportunities in trades and transportation jobs, including construction and mining, declined by 23 points to 95 in Q4, putting that sector 26 per cent lower than the 2007 Q4 period.

Online recruitment activity for jobs in processing, manufacturing and utilities fell by 10 points to 115 during Q4. The category is down by 21 per cent compared to the fourth quarter of 2007.

Natural and applied sciences, including IT and computer-related occupations, dropped by 12 points to 121 in the fourth quarter, down about 14 per cent year-over-year.

Online job availability in management occupations fell by 11 points to 112 and year-over-year, the category is down by 4 per cent. Health sector occupations fell five points to 103 and activity there is down about 15 per cent year-over-year. Sales and services jobs saw online recruitment decline by seven points to 97 in the quarter, down by about 17 per cent from a year earlier.

Other industry categories registering weaker online job availability during the quarter include: social science, education, government and religion, falling nine points to 81 in Q4 and down 27 per cent from a year earlier; business, finance and administration jobs, falling 12 points to 94 in the quarter and down by eight per cent year-over-year; art, culture, recreation and sports occupations, falling by three points to 137 but up by two per cent year-over-year.

National Occupation Classifications	2008				2007				2006
	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4
Business, Finance and Administrative Occupations	94	106	114	113	102	104	115	113	104
Health Occupations	103	108	130	149	122	116	130	127	124
Management Occupations	112	123	152	146	116	111	125	124	114
Natural and Applied Sciences and Related Occupations	121	133	157	162	140	145	134	130	130
Occupations Unique to Primary Industry	126	182	193	199	171	148	177	142	123
Occupations Unique to Processing, Manufacturing and Utilities	115	125	146	135	144	154	126	118	132
Occupations in Art, Culture, Recreation and Sport	137	140	129	123	135	138	152	132	134
Occupations in Social Science, Education, Government Service and Religion	81	90	101	97	112	98	120	120	118
Sales and Services Occupations	97	104	124	129	116	115	129	118	109
Trades, Transport and Equipment Operators and Related Occupations	95	118	130	120	128	131	137	125	120

Online Job Availability Declines in Every Province

During the fourth quarter of 2008, online job availability was weaker in every province.

In Central Canada, online recruitment activity in Ontario declined by 32 points to 103, and in Quebec by 17 points to 132, amid weaker activity in both provinces in sales and services jobs and natural and applied science jobs, with Ontario also weaker in trades and transportation jobs.

In the West, online recruitment in Saskatchewan fell by 33 points to 106 and in Alberta by 23 points to 118. British Columbia fell 18 points to 108 in Q4 while Manitoba was down by 11 points to 121.

Job sectors losing the most ground in Q4 online recruitment activity in the West were: trades and transportation jobs, business, finance and administration, and management jobs.

In Eastern Canada, online opportunities fell in Nova Scotia by 39 points to 83 and in New Brunswick by five points to 98.

PEI saw online recruitment fall by 19 points to 110 while activity in Newfoundland/Labrador declined by 11 points to 147.

Provinces & Territories	2008				2007				2006			
	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1
Alberta	118	141	148	147	137	151	149	136	127	122	119	112
British Columbia	108	126	136	137	133	146	147	134	126	126	121	113
Manitoba	121	132	141	140	157	180	177	144	136	131	128	113
New Brunswick	98	118	113	113	155	169	154	137	135	132	123	112
Newfoundland and Labrador	147	158	177	163	142	155	152	134	123	125	124	111
Nova Scotia	83	122	144	112	139	173	145	125	119	119	121	111
Northwest Territories	103	102	110	157	153	131	133	128	116	105	110	103
Nunavut	120	116	139	160	156	141	149	134	128	105	112	104
Ontario	103	135	148	152	147	161	167	161	140	118	113	108
PEI	110	129	136	97	128	153	149	116	100	111	112	100
Quebec	132	149	158	136	124	128	144	126	118	121	116	107
Saskatchewan	106	139	133	127	119	152	125	107	103	119	120	103
Yukon	96	101	111	138	141	125	128	116	113	103	106	97

Adjusted to total working population, the Monster Employment Index Canada found the following provinces to be the top six in terms of online job availability during the fourth quarter of 2008:

Rank	Province
1	Alberta
2	Saskatchewan
3	Quebec
4	Manitoba
5	Nova Scotia
6	Ontario

Online Job Availability Declines in All Cities Monitored

Online recruitment activity was weaker in each of the 13 major cities monitored by the Index.

In Ontario, online opportunities in Toronto fell by 23 points to 98 and in Kitchener by 23 points to 120, amid weaker demand in trades and transportation, natural and applied sciences jobs and business, finance and administration jobs. Online recruitment in Ottawa-Gatineau fell by 19 points to 113 amid weaker demand in natural and applied sciences jobs, trades and transportation, and sales and services. Hamilton saw online recruitment activity fall by 37 points to 157 as demand fell for workers in trades and transportation, sales and services, and business and finance jobs.

In Quebec City, online recruitment fell by eight points to 146 amid weaker recruitment in manufacturing and in primary industry jobs. Montreal saw a 38-point decline to 150 in the period as demand fell for workers in business and finance occupations, management, and natural and applied sciences.

In the West, online recruitment fell in Vancouver by 11 points to 105, in Edmonton by 25 points to 122 and in Calgary by 17 points to 114, all amid weaker recruitment in natural and applied sciences, and trades and transportation jobs.

Regina fell by 30 points to 109 and Saskatoon fell by 34 points to 98, both cities seeing weaker activity in business and finance, trades and transportation, and management jobs. Winnipeg saw activity fall by 13 points to 143 amid declines in primary industry and manufacturing jobs.

Online recruitment in Halifax fell by six points to 124 as recruitment declined in business and finance, management, and natural and applied sciences jobs.

Census Metropolitan Areas	2008				2007			
	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1
Calgary	114	131	140	139	131	139	139	133
Edmonton	122	147	153	154	148	164	163	150
Halifax	124	130	151	98	139	147	138	116
Hamilton	157	194	214	211	181	196	199	183
Kitchener	120	143	155	161	153	155	167	170
Montreal	150	188	193	176	154	159	168	141
Ottawa/Gatineau	113	132	132	136	130	133	135	133
Quebec City	146	154	156	135	119	132	144	131
Regina	109	139	129	123	122	149	125	114
Saskatoon	98	132	129	126	117	144	125	107
Toronto	98	121	135	147	142	154	156	153
Vancouver	105	116	126	130	128	139	141	134
Winnipeg	143	156	166	165	173	197	189	154

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1	Quebec
2	Edmonton
3	Calgary
4	Regina
5	Saskatoon
6	Winnipeg

About the Monster Employment Index Canada

The Monster Employment Index Canada is a broad and comprehensive quarterly analysis of Canadian online job demand conducted by Monster Worldwide, Inc. (NYSE: MWW), parent company of the leading global online careers and recruitment resource Monster®. As the first national index measuring real-time online job demand, the Monster Employment Index Canada is based on millions of online job postings and data culled from Monster Canada (www.monster.ca), as well as a number of other recruitment Web sites considered representative of employer activity nationwide.

With data collected since April, 2005, the Index uses a consistent methodology to track overall online job demand in Canada, providing Canadian labour-market watchers with a new forward-looking indicator of employer demand for employees.

All of the data and findings in the Monster Employment Index Canada are validated for accuracy through third party auditing conducted by U.S.-based Research America, Inc.

Index reports can be accessed and subscribed to free at <http://eIndex.monsterworldwide.com>. The next report of the Monster Employment Index Canada will be released in April, 2009.

To obtain a full copy of the Monster Employment Index Canada report for the fourth quarter of 2008, including all charts and tables, please visit <http://eIndex.monsterworldwide.com>.

To subscribe and have the Monster Employment Index Canada report emailed to you on a quarterly basis, visit http://www.monsterworldwide.com/Public_Relations/eIndex.html.

About Monster Canada

Monster Canada (www.Monster.ca) is Canada's leading online career resources portal - a bilingual, user-friendly site that is improving the employment and recruitment experience in today's competitive job market. Headquartered in Montreal, Monster Canada is part of Monster, the leading global careers and recruitment resource online. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 Index and the NASDAQ 100. To learn more about Monster's industry-leading employer products and services, please visit <http://solutions.monster.ca>.

About Monster Worldwide

Monster Worldwide, Inc. (NASDAQ: MNST), parent company of Monster®, the premier global online employment solution for more than a decade, strives to bring people together to advance their lives. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 Index and the NASDAQ 100. To learn more about Monster's industry-leading products and services, visit www.monster.com. More information about Monster Worldwide is available at www.monsterworldwide.com.

Special Note: Safe Harbor Statement Under the Private Securities Litigation Reform Act of 1995: Except for historical information contained herein, the statements made in this release constitute forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Such forward-looking statements involve certain risks and uncertainties, including statements regarding Monster Worldwide, Inc.'s strategic direction, prospects and future results. Certain factors, including factors outside of Monster Worldwide's control, may cause actual results to differ materially from those contained in the forward-looking statements, including economic and other conditions in the markets in which Monster Worldwide operates, risks associated with acquisitions, competition, seasonality and the other risks discussed in Monster Worldwide's Form 10-K and other filings made with the Securities and Exchange Commission, which discussions are incorporated in this release by reference.