



EMPLOYMENT I N D E X

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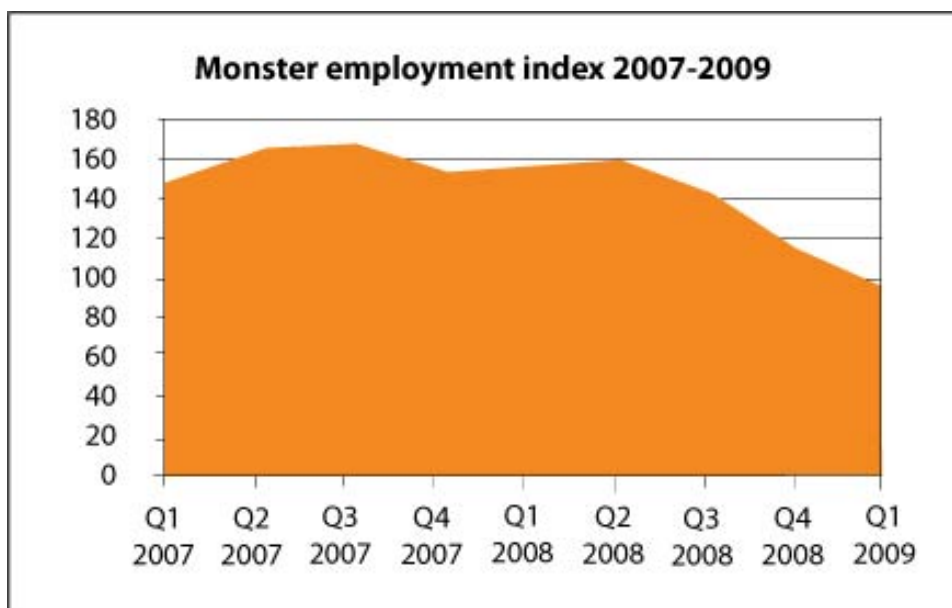
Monster Employment Index Canada Falls 19 Points in Q1; Year-Over-Year Decline is 37%

- Index of online job postings declines 19 points to 99 in first quarter of 2009
- Online postings for Q1 are down by 37 percent from year-earlier period
- All job categories tracked by MEI register weaker online recruitment
- All provinces and most cities show declining online recruitment

The Monster Employment Index Canada declined by 19 points in the first quarter of 2009, falling to 99 from 118 points overall amid weaker online recruitment activity across every job category and province and all but one of the 13 major Canadian cities monitored. Posting its third consecutive quarterly decline in Q1, the Index currently is down by 37 percent year-over-year compared to the Q1 period for 2008.

The Monster Employment Index Canada is based on a real-time review of millions of employer job opportunities culled from a large, representative selection of corporate career sites and job boards, including Monster.ca®.

During the first quarter of 2009, all 10 occupational categories tracked by the Index showed weaker online job demand compared to the final quarter of 2008. Index results for the latest quarter, as well as previous quarters, are as follows:



Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1
2009	2008	2008	2008	2008	2007	2007	2007	2007
99	118	145	160	156	151	165	165	149

“Canadian employers are continuing to show caution about staffing levels at this time and we are seeing the impact of that across the country in every job category,” said Peter Gilfillan, senior vice president of sales and general manager of Monster Canada. “The Canadian labour market, as reflected by online recruitment, is continuing to experience a decline in hiring that is a direct reflection of the uncertain economy.”

Online Demand Falls in All Job Categories Tracked

All of the major job categories tracked by the Monster Employment Index saw lower online recruitment in Q1, with business, finance and administration jobs, trades and transportation, and management positions among job categories posting losses overall.

Online opportunities in trades and transportation jobs declined by 18 points to 77 in Q1, putting that sector 36 percent lower than the year-earlier Q1 period. Online job availability in management occupations fell by 20 points to 92 and year-over-year the category is down by 37 percent. Health sector occupations fell five points to 98, down about 34 percent year-over-year.

Online recruitment in business, finance and administration jobs fell 17 points to 77 in Q1 for a year-over-year decline of 33 percent, while online recruitment in occupations unique to primary industry fell by nine points to 117, down 41 percent year-over-year. Online recruitment activity for jobs in processing, manufacturing and utilities fell by 28 points to 87 during Q1. The category is down by 35 percent compared to the first quarter of 2008.

Natural and applied sciences, including IT and computer-related occupations, dropped by 13 points to 108 in the first quarter, down about 33 percent year-over-year. Sales and services jobs saw online recruitment decline by 13 points to 84 in the quarter, down by about 35 percent from a year earlier.

Other industry categories registering weaker online job availability during Q1 include: social science, education, government and religion, falling six points to 76 and down 22 percent from a year earlier; art, culture, recreation and sports occupations, falling by 31 points to 107 and down 13 percent year-over-year.

National Occupation Classifications	2009	2008				2007			
	Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1
Business, Finance and Administrative Occupations	77	94	106	114	113	102	104	115	113
Health Occupations	98	103	108	130	149	122	116	130	127
Management Occupations	92	112	123	152	146	116	111	125	124
Natural and Applied Sciences and Related Occupations	108	121	133	157	162	140	145	134	130
Occupations Unique to Primary Industry	117	126	182	193	199	171	148	177	142
Occupations Unique to Processing, Manufacturing and Utilities	87	115	125	146	135	144	154	126	118
Occupations in Art, Culture, Recreation and Sport	107	137	140	129	123	135	138	152	132
Occupations in Social Science, Education, Government Service and Religion	76	81	90	101	97	112	98	120	120
Sales and Services Occupations	84	97	104	124	129	116	115	129	118
Trades, Transport and Equipment Operators and Related Occupations	77	95	118	130	120	128	131	137	125

Online Job Availability Declines in Every Province

Online job availability during the first quarter of 2009 was weaker in every province. Central Canada was hardest hit in Q1, as online recruitment activity in Ontario declined by 21 points to 82, and in Quebec by 13 points to 119, amid weaker activity in both provinces in business and finance jobs and in management occupations.

In the West, online recruitment in Saskatchewan fell by 24 points to 81 and in Alberta by 22 points to 96. British Columbia fell 12 points to 96 in Q1 while Manitoba was down by nine points to 111. Job sectors losing the most ground in Q1 online recruitment activity in the West included trades and transportation jobs, business, finance and administration, and management jobs.

Eastern Canada fared relatively better than other Canadian regions in Q1 despite declines. Online opportunities fell in Nova Scotia by four points to 78 and in New Brunswick by eight points to 90. PEI saw online recruitment fall by six points to 104 while Newfoundland/Labrador declined by 22 points to 125.

Provinces & Territories	2009	2008				2007			
	Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1
Alberta	96	118	141	148	147	137	151	149	136
British Columbia	96	108	126	136	137	133	146	147	134
Manitoba	111	121	132	141	140	157	180	177	144
New Brunswick	90	98	118	113	113	155	169	154	137
Newfoundland and Labrador	125	147	158	177	163	142	155	152	134
Nova Scotia	78	83	122	144	112	139	173	145	125
Northwest Territories	99	103	102	110	157	153	131	133	128
Nunavut	109	120	116	139	160	156	141	149	134
Ontario	82	103	135	148	152	147	161	167	161
PEI	104	110	129	136	97	128	153	149	116
Quebec	119	132	149	158	136	124	128	144	126
Saskatchewan	81	106	139	133	127	119	152	125	107
Yukon	95	96	101	111	138	141	125	128	116

Adjusted to total working population, the Monster Employment Index Canada found the following provinces to be the top six in terms of online job availability during the first quarter of 2009:

Rank	Province
1	Alberta
2	Saskatchewan
3	Quebec
4	Manitoba
5	Nova Scotia
6	Ontario

Online Job Availability Declines in Most Cities Monitored

Online recruitment activity was weaker in 12 of the 13 major cities monitored by the Index, with only Quebec City posting a gain in activity.

In Ontario, online opportunities in Toronto fell by 16 points to 82 and in Kitchener by 17 points to 103 amid weaker demand in those cities in sales and service jobs, management, and business, finance and administration jobs. Online recruitment in Toronto now sits at its lowest level since 2005. Online recruitment in Ottawa-Gatineau fell by one point to 112 amid weaker demand in natural and applied sciences jobs, trades and transportation and management jobs. Hamilton saw online recruitment activity fall by 37 points to 121 as demand fell for workers in sales and service, business and finance, and management jobs.

In Quebec City, online recruitment rose by five points to 151 amid increased recruitment in sales and service jobs, health occupations and trades and transportation. But Montreal saw a 10-point decline to 140 in the period as demand fell for workers in business and finance occupations, social sciences, education and government jobs.

In the West, online recruitment fell in Vancouver by nine points to 96, in Edmonton by 24 points to 98 and in Calgary by 14 points to 100, all amid weaker recruitment in business and finance and trades and transportation jobs, among others.

Regina fell by 21 points to 88 and Saskatoon fell by 20 points to 78, both cities seeing much weaker activity in business and finance, trades and transportation, and management jobs. Winnipeg saw activity fall by 10 points to 133.

Online recruitment in Halifax fell by four points to 119 as recruitment declined in business and finance, management, and natural and applied sciences jobs.

Census Metropolitan Areas	2009	2008				2007			
	Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1
Calgary	100	114	131	140	139	131	139	139	133
Edmonton	98	122	147	153	154	148	164	163	150
Halifax	119	124	130	151	98	139	147	138	116
Hamilton	121	157	194	214	211	181	196	199	183
Kitchener	103	120	143	155	161	153	155	167	170
Montreal	140	150	188	193	176	154	159	168	141
Ottawa/Gatineau	112	113	132	132	136	130	133	135	133
Quebec City	151	146	154	156	135	119	132	144	131
Regina	88	109	139	129	123	122	149	125	114
Saskatoon	78	98	132	129	126	117	144	125	107
Toronto	82	98	121	135	147	142	154	156	153
Vancouver	96	105	116	126	130	128	139	141	134
Winnipeg	133	143	156	166	165	173	197	189	154

Adjusted to total working population, the Monster Employment Index Canada found the following cities to be the top six in terms of online job availability during the first quarter of 2009:

Rank	CITY
1	Quebec
2	Calgary
3	Edmonton
4	Regina
5	Saskatoon
6	Winnipeg

About the Monster Employment Index Canada

The Monster Employment Index Canada is a broad and comprehensive quarterly analysis of Canadian online job demand conducted by Monster Worldwide, Inc. (NYSE: MWW), parent company of the leading global online careers and recruitment resource Monster®. As the first national index measuring real-time online job demand, the Monster Employment Index Canada is based on millions of online job postings and data culled from Monster Canada (www.monster.ca), as well as a number of other recruitment Web sites considered representative of employer activity nationwide.

With data collected since April 2005, the Index uses a consistent methodology to track overall online job demand in Canada, providing Canadian labour-market watchers with a new forward-looking indicator of employer demand for employees. All of the data and findings in the Monster Employment Index Canada are validated for accuracy through third party auditing conducted by U.S.-based Research America, Inc. Index reports can be accessed and subscribed to free-of-charge online at http://corporate.monster.com/Press_Room/MEI.html. The next report of the Monster Employment Index Canada will be released in **July 2009**. To obtain a full copy of the Monster Employment Index Canada report for the **first quarter of 2009**, including all charts and tables, or subscribe and have future reports emailed to you on a quarterly basis, please visit http://corporate.monster.com/Press_Room/MEI.html.

About Monster Canada

Monster Canada (www.monster.ca) is Canada's leading online career resources portal - a bilingual, user-friendly site that is improving the employment and recruitment experience in today's competitive job market. Headquartered in Montreal, Monster Canada is part of Monster, the leading global careers and recruitment resource online. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 Index. To learn more about Monster's industry-leading employer products and services, please visit <http://hiring.monster.ca>.

About Monster Worldwide

Monster Worldwide, Inc. (NYSE: MWW), parent company of Monster®, the premier global online employment solution for more than a decade, strives to inspire people to improve their lives. With a local presence in key markets in North America, Europe, Asia and Latin America, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500. To learn more about Monster's industry-leading products and services, visit www.monster.com.

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Special Note: Safe Harbor Statement Under the Private Securities Litigation Reform Act of 1995: Except for historical information contained herein, the statements made in this release constitute forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Such forward-looking statements involve certain risks and uncertainties, including statements regarding Monster Worldwide, Inc.'s strategic direction, prospects and future results. Certain factors, including factors outside of Monster Worldwide's control, may cause actual results to differ materially from those contained in the forward-looking statements, including economic and other conditions in the markets in which Monster Worldwide operates, risks associated with acquisitions, competition, seasonality and the other risks discussed in Monster Worldwide's Form 10-K and other filings made with the Securities and Exchange Commission, which discussions are incorporated in this release by reference.

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