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EMPLOYMENT INDEX

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Job Opportunities Across Sweden Increase at its Fastest Rate Since February 2008, According to Monster Employment Index

November 2009 Index Highlights:

- The Monster Employment Index Sweden jumped 11 points (11 percent) in November, reaching a four-month high. Year-on-year opportunities remained down 27 percent
- Elevated opportunities in business services such as accounting and management and consulting helped fuel the monthly uptick
- Online worker demand increased across all Swedish regions, led by a surge in Ostra Mellansverige

Summary Overview

The November Index reading suggests that Swedish recruitment activity may be beginning to stabilise as offerings reached their highest level since June 2009. Furthermore, the annual rate of decline eased further in November. Opportunities are now down 27 percent compared to November 2008, reflecting the mildest year-on-year decrease seen in the past 12 months.

The Monster Employment Index Europe is a monthly analysis of millions of online job opportunities culled from a large, representative selection of corporate career sites and job boards across the European Union, including Monster.se

Monster Employment Index Sweden findings the past 13 months are as follows:

Nov 09	Oct 09	Sep 09	Aug 09	Jul 09	Jun 09	May 09	Apr 09	Mar 09	Feb 09	Jan 09	Dec 08	Nov 08
114	103	102	98	107	115	115	117	127	130	121	145	156

“Whilst job offerings remain low from a historical perspective, online recruitment activity in Sweden increased at its fastest rate since February 2008, suggesting that the worst of the slump in online hiring may have passed. This, coupled with the slowing rate of annual decline, is providing positive signs for the Swedish recruitment industry,” said Carl Silverstople, managing director Monster Scandinavia. “Significant increases across a variety of private sectors, including accounting, sales and research and development, may be a precursor to increased hiring in other sectors.”

Increasing business confidence leads to stronger online hiring in business services sector

A variety of business services sectors reported increased online worker demand in November. Accounting, audit and taxes led the way, soaring 38 points (18 percent) compared to October 2009. Despite opportunities slumping throughout 2009, the sector seems to be narrowing the gap between current month and year-earlier figures; offerings are down a modest eight points (three percent) compared to November 2008.

Elsewhere, management and consulting opportunities climbed 27 points (17 percent) to its highest level since March 2009. Online worker demand in research and development rose for the second consecutive month, as offerings climbed 18 points (15 percent).

Sales saw online worker demand climb to a nine-month high, as opportunities climbed 17 points (10 percent). The increase in offerings was largely due to organisations preparing for the busy Christmas shopping period over the coming months.

The public, defence and community sector was the only sector to report fewer online job opportunities; dipping three points (three percent). Despite this dip, opportunities have remained fairly flat during the global economic crisis, whilst many private sectors noted substantially lower online job demand.

Managers report surging job opportunities as online worker demand increases for white-collar workers

The aforementioned upsurge in demand within various business services sectors meant increased opportunities in a number of professional occupations. Online recruitment activity for managers rocketed 27 points (17 percent), leaving the occupational group at its highest level since March 2009.

Online offerings increased 15 points (12 percent) for professionals, whilst technicians and associate professionals noted a nine point (11 percent) jump in online worker demand.

Despite widespread monthly upticks, all occupational groups noted fewer online job offerings compared to year-earlier figures. Demand has held up the best for skilled agricultural, forestry and fishery workers and craft and related workers. The groups both reported a modest annual decline of four percent.

Online recruitment activity increases across all regions

All regions noted a significant uptick in online worker demand, led by Ostra Mellansverige, where offering soared 15 points (13 percent). November marked the third consecutive month of increased opportunities for the region. Similarly, online opportunities increased for a third consecutive month in Sydsverige med Öarna; offerings climbed 10 points (10 percent).

From an annual perspective however, all regions continued to report fewer online job opportunities. Online demand is holding up the best in Norra Sverige, with the region reporting a fairly modest, 37 point (26 percent) decline compared to year-earlier figures.

Meanwhile, opportunities in Vastsverige were down 40 points (29 percent) year-on-year.

Best Performing Sectors

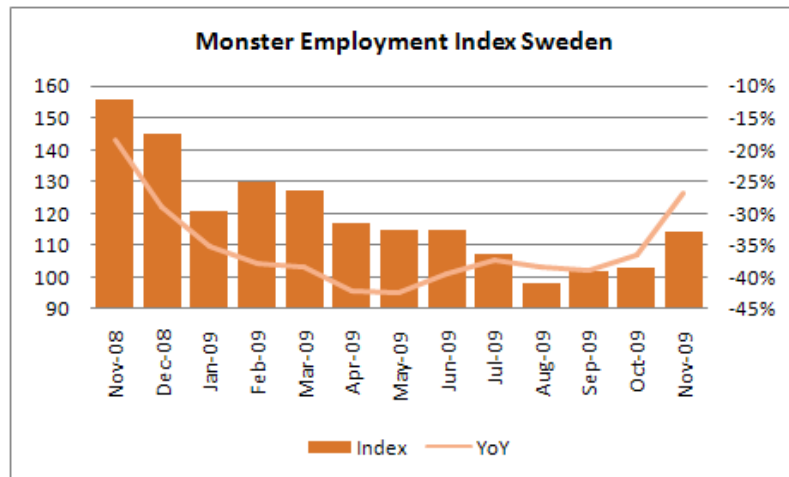
Industry sectors showing the best performance included:

Month-on-month

Industry	Nov 09	Oct 09	%
Accounting, audit, taxes	249	211	18%
Management and consulting	188	161	17%
Research and development	137	119	15%
Marketing, PR and media	62	54	15%
IT	233	204	14%

Year-on-year

Industry	Nov 09	Nov 08	%
Education, training and library	97	97	0%
Accounting, audit, taxes	249	257	-3%
Construction and extraction	169	175	-3%
Public sector, defence, community	91	95	-4%
Healthcare, social work	108	116	-7%



Monster Employment Index Sweden findings across industry sectors for the past 13 months are as follows:

Industry	Nov 09	Oct 09	Sep 09	Aug 09	Jul 09	Jun 09	May 09	Apr 09	Mar 09	Feb 09	Jan 09	Dec 08	Nov 08
Accounting, audit, taxes	249	211	199	195	217	227	227	236	234	223	232	249	257
Administrative, organisation	142	126	124	121	124	129	137	145	162	190	148	183	214
Agriculture, fishing and forestry	117	113	127	123	123	127	132	164	173	178	142	138	136
Banking, finance, insurance	98	88	89	85	97	107	102	109	119	129	142	164	187
Construction and extraction	169	156	160	146	159	170	157	153	159	163	143	163	175
Education, training and library	97	93	94	96	108	117	108	90	89	90	90	101	97
Engineering	185	168	150	142	168	169	181	162	181	206	245	306	345
Healthcare, social work	108	106	105	111	108	114	120	137	157	145	104	114	116
Hospitality and tourism	109	105	116	110	104	113	120	128	134	118	100	107	119
IT	233	204	177	176	201	208	214	238	256	263	285	341	378
Management and consulting	188	161	165	148	157	159	167	175	188	188	199	234	268
Marketing, PR and media	62	54	63	55	57	64	61	70	70	77	68	74	82
Production, manufacturing, maintenance, repair	116	115	105	96	102	103	110	111	122	135	129	145	175
Public sector, defence, community	91	94	93	91	92	89	95	88	91	91	90	92	95
Research and development	137	119	105	121	139	140	137	169	178	154	156	152	169
Sales	182	165	168	149	155	169	164	170	164	189	175	199	238
Transport, post and logistics	117	115	119	109	113	124	130	133	132	127	118	146	170

Monster Employment Index Sweden findings across occupational categories for the past 13 months are as follows:

Occupation	Nov 09	Oct 09	Sep 09	Aug 09	Jul 09	Jun 09	May 09	Apr 09	Mar 09	Feb 09	Jan 09	Dec 08	Nov 08
Managers	190	163	165	150	155	163	170	184	196	211	193	249	270
Professionals	139	124	121	123	144	159	152	140	148	150	153	174	186
Technicians and associate professionals	88	79	77	72	78	84	86	92	102	108	86	107	130
Clerical support workers	129	123	116	116	126	127	145	138	140	142	144	139	146
Service and sales workers	146	141	156	152	139	14	158	171	178	173	153	171	176
Skilled agricultural, forestry and fishery workers	99	94	98	97	101	106	108	125	131	137	104	103	103
Craft and related workers	175	162	169	149	163	178	165	165	167	173	154	167	183
Plant and machine operators, and assemblers	106	104	98	90	95	100	102	105	101	107	88	114	135
Elementary occupations	124	117	143	122	120	134	134	135	138	125	130	130	143

Monster Employment Index Sweden findings across Swedish regions for the past 13 months are as follows:

Region	Nov 09	Oct 09	Sep 09	Aug 09	Jul 09	Jun 09	May 09	Apr 09	Mar 09	Feb 09	Jan 09	Dec 08	Nov 08
Norra Sverige (Norra Mellansverige, Mellersta Norrland, Ovre Norrland)	106	100	101	98	106	105	113	112	120	122	112	130	143
Ostra Mellansverige (Ostra Mellansverige, Stockholm)	129	114	111	106	115	128	126	128	136	142	137	171	188
Sydsverige Med Oarna (Sydsverige, Smaland Med Oarna)	114	104	101	99	108	118	117	122	135	138	121	148	165
Vastsverige (Vastsverige)	97	89	90	86	93	98	106	105	118	119	101	131	137

Monster Employment Index data for December will be released on January 12, 2009.

About The Monster Employment Index Europe

The Monster Employment Index Europe provides monthly insight into online recruitment trends across the European Union. Launched in June 2005 with data from December 2004, the Index is based on a review of millions of employer job opportunities culled from a large, representative selection of corporate career sites and job boards, including Monster. The Monster Employment Index's underlying data is validated for accuracy by Research America, Inc. – an independent, third-party auditing firm – to ensure that measured online job recruitment activity is within a margin of error of +/- 1.05%.

The Index monitors online job opportunities across all European Union member countries.

The monthly reports for Belgium, France, Germany, Italy, the Netherlands, Sweden, the United Kingdom and Europe are available at: <http://about-monster.com/employment/index/17>.

About Monster Worldwide

Monster Worldwide, Inc. (NYSE: MWW), parent company of Monster, the premier global online employment solution for more than a decade, strives to inspire people to improve their lives. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 index. To learn more about Monster's industry-leading products and services, visit www.monster.com. More information about Monster Worldwide is available at <http://about-monster.com/>.

Special Note: Safe Harbor Statement Under the Private Securities Litigation Reform Act of 1995: Except for historical information contained herein, the statements made in this release constitute forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Such forward-looking statements involve certain risks and uncertainties, including statements regarding Monster Worldwide, Inc.'s strategic direction, prospects and future results. Certain factors, including factors outside of Monster Worldwide's control, may cause actual results to differ materially from those contained in the forward-looking statements, including economic and other conditions in the markets in which Monster Worldwide operates, risks associated with acquisitions, competition, seasonality and the other risks discussed in Monster Worldwide's Form 10-K and other filings made with the Securities and Exchange Commission, which discussions are incorporated in this release by reference.

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