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EMPLOYMENT INDEX

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Online Recruitment Activity in Sweden Dips in July, Following Expected Seasonal Slowdown

July 2009 Index Highlights:

- The Monster Employment Index Sweden dipped seven percent in July as recruitment activity slowed at the beginning of the summer season
- Online job offerings fell significantly for workers in financial services and marketing, PR and media
- Public sector driven industries, such as education continued to fall but at a much slower rate compared to other industry sectors. The public, defence and community sector was the only sector to report an increase in job opportunities

Summary Overview

The slight decline in July can likely be attributed to seasonality, as online recruitment activity typically slows during the summer period. The rate of annual deterioration slowed over June and July, with opportunities falling 37 percent over the most recent 12 month period and marking the most moderate rate of annual decline since the beginning of 2009. However, the continued decline in demand for professional and financial workers, combined with rising unemployment, suggests a weak Swedish recruitment industry.

The Monster Employment Index Europe is a monthly analysis of millions of online job opportunities culled from a large, representative selection of corporate career sites and job boards across the European Union, including Monster.se

Monster Employment Index Sweden findings the past 13 months are as follows:

Jul 09	Jun 09	May 09	Apr 09	Mar 09	Feb 09	Jan 09	Dec 08	Nov 08	Oct 08	Sep 08	Aug 08	Jul 08
107	115	115	117	127	130	121	145	156	162	167	159	171

“Whilst the Index held steady in June, the declining trend picked up again in July as businesses stepped down recruitment activity at the onset of the summer season,” said Carl Silverstolpe, managing director Monster Scandinavia. “However, the annual rate of decline continued to slow in the July Index, suggesting that the trend of deteriorating worker demand might be bottoming out. Online opportunities are increasing in the public sector, and we could see similar upswings in the private sector as the year progresses.”

Financial and professional services opportunities continue to decline

Compared to year-earlier figures, all industry sectors saw fewer online job offerings in July, but the ongoing economic crisis severely affected online job demand for workers in the financial and professional services. Online job opportunities in the banking, finance and insurance sector dipped 124 points (56 percent) year-on-year. Demand in the sector declined 10 points (nine percent) between June and July, marking the ninth consecutive month of tapering opportunities.

Marketing, PR and media job opportunities fell seven points (11 percent) in July, reaching a historical low of 57 points. The decline reflects an overall fall for workers in the creative industries, as organisations look to reduce spending in areas such as advertising. The group declined 31 points (35 percent) compared to July 2008.

Public sector, defence and community was the only industry to register a slight increase in online job opportunities in July, noting a modest uptick of three points (three percent). However, the sector noted a slight annual decline of two points (two percent), a slower rate of decline compared to other industry sectors.

Monthly and annual declines registered for all occupational groups

The seasonal slowdown in online recruitment activity in July saw all occupational groups note a decline in job offerings; opportunities for elementary occupations declined the most, falling 14 points (ten percent) from the steady level of the previous two months. On an annual basis, the group noted the smallest decline among occupational groups, falling 15 points (11 percent).

Clerical support workers noted the most moderate decline in July, falling one point (one percent), however offerings remain at their lowest since January 2007. Compared to year-earlier figures, recruitment activity declined 30 points (19 percent).

From an annual perspective, offerings declined the most for managers and plant and machine operators and assemblers, falling 137 points (47 percent) and 83 points (47 percent) respectively compared to July 2009.

Slight uptick in online opportunities in Norra Sverige due to strong public sector activity

Ostra Mellansverige opportunities declined 13 points (10 percent) in July, the sharpest rate of decline among all Swedish regions. Compared to July 2008 the region also saw the steepest decline, with demand falling 93 points (45 percent). Offerings in the region are now at their lowest level since February 2006.

Conversely, Norra Sverige opportunities noted an uptick of one point (one percent). However, demand declined 46 points (30 percent) year-on-year. The region is withstanding the overall pressure of the current economic climate, largely due to the high percentage of public sector jobs based in the area, which have been less impacted by the global economic crisis.

Best Performing Sectors

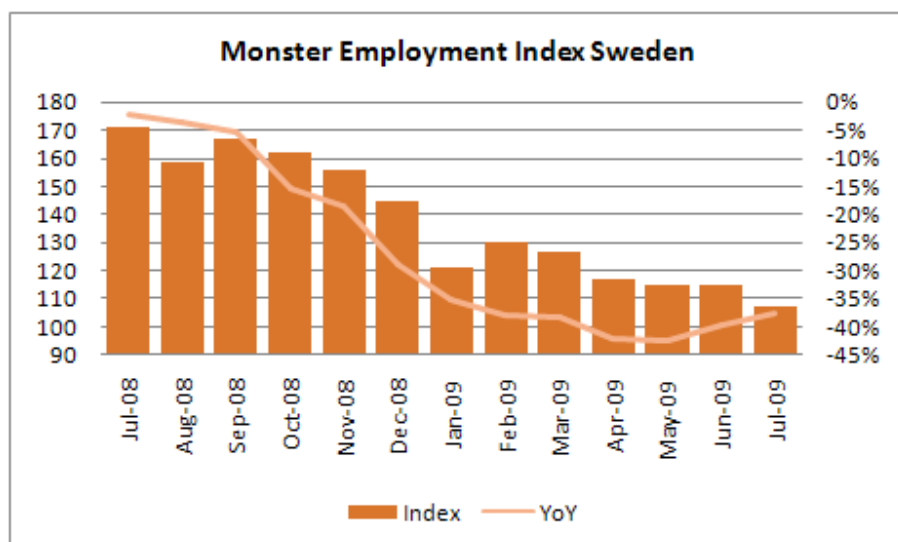
Industry sectors showing the best performance included:

Month-on-month

Industry	Jul 09	Jun 09	%
Public sector, defence, community	92	89	3%
Engineering	168	169	-1%
Research and development	139	140	-1%
Production, manufacturing, maintenance, repair	102	103	-1%
Management and consulting	157	159	-1%

Year-on-year

Industry	Jul 09	Jul 08	%
Education, training and library	108	109	-1%
Public sector, defence, community	92	94	-2%
Healthcare, social work	108	122	-11%
Construction and extraction	159	181	-12%
Hospitality and tourism	104	125	-17%



Monster Employment Index Sweden findings across industry sectors for the past 13 months are as follows:

Industry	Jul 09	Jun 09	May 09	Apr 09	Mar 09	Feb 09	Jan 09	Dec 08	Nov 08	Oct 08	Sep 08	Aug 08	Jul 08
Accounting, audit, taxes	217	227	227	236	234	223	232	249	257	274	271	261	309
Administrative, organisation	124	129	137	145	162	190	148	183	214	232	280	240	248
Agriculture, fishing and forestry	123	127	132	164	173	178	142	138	136	146	149	154	163
Banking, finance, insurance	97	107	102	109	119	129	142	164	187	227	219	211	221
Construction and extraction	159	170	157	153	159	163	143	163	175	179	184	167	181
Education, training and library	108	117	108	90	89	90	90	101	97	92	94	101	109
Engineering	168	169	181	162	181	206	245	306	345	368	350	305	361
Healthcare, social work	108	114	120	137	157	145	104	114	116	120	125	118	122
Hospitality and tourism	104	113	120	128	134	118	100	107	119	126	147	131	125
IT	201	208	214	238	256	263	285	341	378	395	382	362	405
Management and consulting	157	159	167	175	188	188	199	234	268	258	265	266	286
Marketing, PR and media	57	64	61	70	70	77	68	74	82	87	92	80	88
Production, manufacturing, maintenance, repair	102	103	110	111	122	135	129	145	175	188	218	193	203
Public sector, defence, community	92	89	95	88	91	91	90	92	95	94	96	95	94
Research and development	139	140	137	169	178	154	156	152	169	148	149	175	171
Sales	155	169	164	170	164	189	175	199	238	249	254	232	240
Transport, post and logistics	113	124	130	133	132	127	118	146	170	190	216	207	223

Monster Employment Index Sweden findings across occupational categories for the past 13 months are as follows:

Occupation	Jul 09	Jun 09	May 09	Apr 09	Mar 09	Feb 09	Jan 09	Dec 08	Nov 08	Oct 08	Sep 08	Aug 08	Jul 08
Managers	155	163	170	184	196	211	193	249	270	268	295	283	292
Professionals	144	159	152	140	148	150	153	174	186	185	185	188	203
Technicians and associate professionals	78	84	86	92	102	108	86	107	130	141	143	127	136
Clerical support workers	126	127	145	138	140	142	144	139	146	151	159	153	156
Service and sales workers	139	14	158	171	178	173	153	171	176	187	206	182	182
Skilled agricultural, forestry and fishery workers	101	106	108	125	131	137	104	103	103	111	112	112	116
Craft and related workers	163	178	165	165	167	173	154	167	183	196	203	181	199
Plant and machine operators, and assemblers	95	100	102	105	101	107	88	114	135	173	185	158	178
Elementary occupations	120	134	134	135	138	125	130	130	143	140	148	133	135

Monster Employment Index Sweden findings across Swedish regions for the past 13 months are as follows:

Region	Jul 09	Jun 09	May 09	Apr 09	Mar 09	Feb 09	Jan 09	Dec 08	Nov 08	Oct 08	Sep 08	Aug 08	Jul 08
Norra Sverige (Norra Mellansverige, Mellersta Norrland, Ovre Norrland)	106	105	113	112	120	122	112	130	143	150	152	151	152
Ostra Mellansverige (Ostra Mellansverige, Stockholm)	115	128	126	128	136	142	137	171	188	193	199	186	208
Sydsverige Med Oarna (Sydsverige, Smaland Med Oarna)	108	118	117	122	135	138	121	148	165	172	174	167	182
Vastsverige (Vastsverige)	93	98	106	105	118	119	101	131	137	146	158	149	159

Monster Employment Index data for August will be released on September 8, 2009.

About The Monster Employment Index Europe

The Monster Employment Index Europe provides monthly insight into online recruitment trends across the European Union. Launched in June 2005 with data from December 2004, the Index is based on a review of millions of employer job opportunities culled from a large, representative selection of corporate career sites and job boards, including Monster. The Monster Employment Index's underlying data is validated for accuracy by Research America, Inc. – an independent, third-party auditing firm – to ensure that measured online job recruitment activity is within a margin of error of +/- 1.05%.

The Index monitors online job opportunities across all European Union member countries.

The monthly reports for Belgium, France, Germany, Italy, the Netherlands, Sweden, the United Kingdom and Europe are available at: <http://about-monster.com/employment/index/17>.

About Monster Worldwide

Monster Worldwide, Inc. (NYSE: MWW), parent company of Monster, the premier global online employment solution for more than a decade, strives to inspire people to improve their lives. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 index. To learn more about Monster's industry-leading products and services, visit www.monster.com. More information about Monster Worldwide is available at <http://about-monster.com/>.

Special Note: Safe Harbor Statement Under the Private Securities Litigation Reform Act of 1995: Except for historical information contained herein, the statements made in this release constitute forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Such forward-looking statements involve certain risks and uncertainties, including statements regarding Monster Worldwide, Inc.'s strategic direction, prospects and future results. Certain factors, including factors outside of Monster Worldwide's control, may cause actual results to differ materially from those contained in the forward- looking statements, including economic and other conditions in the markets in which Monster Worldwide operates, risks associated with acquisitions, competition, seasonality and the other risks discussed in Monster Worldwide's Form 10-K and other filings made with the Securities and Exchange Commission, which discussions are incorporated in this release by reference.

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