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EMPLOYMENT INDEX

CONTACTS:
Stefan Rizvi
Monster Worldwide Sweden
+46 8506 523 61
stefan.rizvi@monster.se

Online Job Opportunities Reach Highest Level Since July 2008, Reports Monster Employment Index Sweden

May 2010 Index Highlights:

- The Monster Employment Index Sweden climbed five points (four percent) in May; year-on-year online job opportunities were up 23 percent
- Education, training and library and transport, post and logistics noted the sharpest monthly uptick among industry sectors, whilst a range of professional service sectors saw offerings dip. Construction and extraction saw the biggest annual increase
- All regions reported a monthly and annual increase in online worker demand

Summary Overview

May marked the fourth consecutive month of elevated online job offerings, in a further departure from the cyclical lows of 2009. In addition, employment levels in the country were up compared to year-earlier figures, and this, coupled with increased business and consumer confidence, suggests the overall market is improving. The vast majority of sectors showed substantial monthly and annual gains in the May Index, and suggest that improvement is not isolated to one specific sector.

The Monster Employment Index Europe is a monthly analysis of millions of online job opportunities culled from a large, representative selection of corporate career sites and job boards across the European Union, including Monster.se

Monster Employment Index Sweden findings the past 13 months are as follows:

May 10	Apr 10	Mar 10	Feb 10	Jan 10	Dec 09	Nov 09	Oct 09	Sep 09	Aug 09	Jul 09	Jun 09	May 09
142	137	132	125	108	116	114	103	102	98	107	115	115

“The latest Index results strengthen the view that the Swedish recruitment industry is on the path to recovery. However, there is some way to go before the industry reaches the historical highs of 2008, but the overall picture is encouraging,” said Carl Silverstolpe, managing director Monster Scandinavia. “Improvement across industry sectors is happening at varied paces. Construction and extraction opportunities have seen significant gains over the past quarter and compared to year-earlier figures, coinciding with recent growth in construction output.”

Education and transport sectors report biggest monthly upticks

Online worker demand increased across the majority of industry sectors in May. Education, training and library, along with transport, post and logistics reported the largest increase in online job opportunities, both climbing 11 percent. From an annual perspective, worker demand in education, training and library was flat, whilst transport, post and logistics jumped 28 percent compared to May 2009.

Construction and extraction offerings escalated for the fourth consecutive month, as offerings climbed 24 points (10 percent). The sector also reported the highest annual growth rate, with opportunities now up 69 percent compared to May 2009.

Online job demand in engineering grew 14 points (six percent) in May. From a longer term perspective, opportunities were up 29 percent over the past three months and 31 percent year-on-year.

In contrast a wide range of professional service sectors reported monthly declines in online worker demand. Management and consulting offerings dipped nine points (four percent), whilst research and development offerings were down three points (two percent).

Majority of occupational groups see increased job offerings; all increase year-on-year

Online worker demand increased for the majority of occupational groups in May, with professionals leading all groups upwards. Job opportunities for professionals increased 20 points (13 percent) as demand increased in the marketing, PR and media and engineering sectors. Year-on-year, offerings were up 15 percent.

Craft and related trade worker online offerings increased 28 points (12 percent) in May. From a longer term perspective, offerings were up 29 percent over the past three months and 64 percent year-on-year, the largest annual increase of all occupational groups.

In contrast, skilled agricultural, forestry and fishery workers registered the steepest decline in online worker demand, as offerings dipped 13 points (11 percent).

All regions report monthly and annual growth in online worker demand

Norra Sverige and Västsverige noted the sharpest uptick in online job offerings, as opportunities in both regions climbed eight percent. Both regions also reported increased offerings compared to year-earlier figures. The regions were up nine percent and 29 percent respectively.

Östra Mellansverige reported a moderate 10 point (six percent) increase in online worker demand in May. The region however noted the sharpest annual increase of all regions, as offerings climbed 34 percent compared to May 2009.

Opportunities in Sydsverige med Öarna climbed five points (four percent) in May and 21 percent compared to May 2009.

Best Performing Sectors

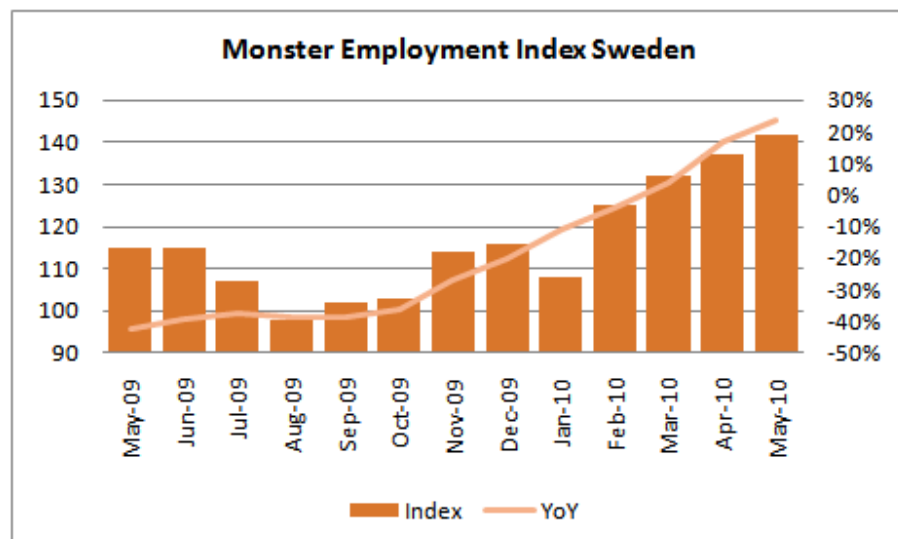
Industry sectors showing the best performance included:

Month-on-month

Industry	May 10	Apr 10	%
Education, training and library	108	97	11%
Transport, post and logistics	167	151	11%
Construction and extraction	265	241	10%
Engineering	237	223	6%
Marketing, PR and media	70	66	6%

Year-on-year

Industry	May 10	May 09	%
Construction and extraction	265	157	69%
IT	298	214	39%
Sales	217	164	32%
Engineering	237	181	31%
Accounting, audit, taxes	295	227	30%



Monster Employment Index Sweden findings across industry sectors for the past 13 months are as follows:

Industry	May 10	Apr 10	Mar 10	Feb 10	Jan 10	Dec 09	Nov 09	Oct 09	Sep 09	Aug 09	Jul 09	Jun 09	May 09
Accounting, audit, taxes	295	281	283	262	229	265	249	211	199	195	217	227	227
Administrative, organisation	171	162	160	157	135	128	142	126	124	121	124	129	137
Agriculture, fishing and forestry	146	167	170	161	126	127	117	113	127	123	123	127	132
Banking, finance, insurance	113	112	104	94	93	104	98	88	89	85	97	107	102
Construction and extraction	265	241	217	198	159	180	169	156	160	146	159	170	157
Education, training and library	108	97	94	95	96	104	97	93	94	96	108	117	108
Engineering	237	223	204	184	173	178	185	168	150	142	168	169	181
Healthcare, social work	136	141	153	143	107	110	108	106	105	111	108	114	120
Hospitality and tourism	135	142	130	120	100	106	109	105	116	110	104	113	120
IT	298	289	281	252	238	245	233	204	177	176	201	208	214
Management and consulting	210	219	196	162	175	188	188	161	165	148	157	159	167
Marketing, PR and media	70	66	68	70	54	57	62	54	63	55	57	64	61
Production, manufacturing, maintenance, repair	142	145	136	130	109	110	116	115	105	96	102	103	110
Public sector, defence, community	101	99	100	98	95	94	91	94	93	91	92	89	95
Research and development	150	153	154	134	136	135	137	119	105	121	139	140	137
Sales	217	211	205	210	171	175	182	165	168	149	155	169	164
Transport, post and logistics	167	151	140	136	115	122	117	115	119	109	113	124	130

Monster Employment Index Sweden findings across occupational categories for the past 13 months are as follows:

Occupation	May 10	Apr 10	Mar 10	Feb 10	Jan 10	Dec 09	Nov 09	Oct 09	Sep 09	Aug 09	Jul 09	Jun 09	May 09
Managers	226	226	204	178	175	178	190	163	165	150	155	163	170
Professionals	175	155	151	145	135	150	139	124	121	123	144	159	152
Technicians and associate professionals	105	107	104	100	84	88	88	79	77	72	78	84	86
Clerical support workers	161	150	144	140	121	121	129	123	116	116	126	127	145
Service and sales workers	202	200	192	174	136	142	146	141	156	152	139	144	158
Skilled agricultural, forestry and fishery workers	109	122	134	126	105	103	99	94	98	97	101	106	108
Craft and related workers	270	242	224	210	165	187	175	162	169	149	163	178	165
Plant and machine operators, and assemblers	152	144	130	123	95	102	106	104	98	90	95	100	102
Elementary occupations	152	142	135	128	104	122	124	117	143	122	120	134	134

Monster Employment Index Sweden findings across Swedish regions for the past 13 months are as follows:

Region	May 10	Apr 10	Mar 10	Feb 10	Jan 10	Dec 09	Nov 09	Oct 09	Sep 09	Aug 09	Jul 09	Jun 09	May 09
Norra Sverige (Norra Mellansverige, Mellersta Norrland, Ovre Norrland)	123	114	117	109	102	106	106	100	101	98	106	105	113
Ostra Mellansverige (Ostra Mellansverige, Stockholm)	169	159	150	141	122	130	129	114	111	106	115	128	126
Sydsverige Med Oarna (Sydsverige, Smaland Med Oarna)	141	136	130	127	106	119	114	104	101	99	108	118	117
Vastsverige (Vastsverige)	137	127	120	112	93	101	97	89	90	86	93	98	106

Monster Employment Index data for June will be released on July 13, 2010.

About The Monster Employment Index Europe

The Monster Employment Index Europe provides monthly insight into online recruitment trends across the European Union. Launched in June 2005 with data from December 2004, the Index is based on a review of millions of employer job opportunities culled from a large, representative selection of corporate career sites and job boards, including Monster. The Monster Employment Index's underlying data is validated for accuracy by Research America, Inc. – an independent, third-party auditing firm – to ensure that measured online job recruitment activity is within a margin of error of +/- 1.05%.

The Index monitors online job opportunities across all European Union member countries.

The monthly reports for Belgium, France, Germany, Italy, the Netherlands, Sweden, the United Kingdom and Europe are available at: <http://about-monster.com/employment/index/17>.

About Monster Worldwide

Monster Worldwide, Inc. (NYSE: MWW), parent company of Monster, the premier global online employment solution for more than a decade, strives to inspire people to improve their lives. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 index. To learn more about Monster's industry-leading products and services, visit www.monster.com. More information about Monster Worldwide is available at <http://about-monster.com/>.

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from those contained in the forward- looking statements, including economic and other conditions in the markets in which Monster Worldwide operates, risks associated with acquisitions, competition, seasonality and the other risks discussed in Monster Worldwide's Form 10-K and other filings made with the Securities and Exchange Commission, which discussions are incorporated in this release by reference.

CONTACT:

Stefan Rizvi
Monster Worldwide Sweden
+46 8506 523 61
stefan.rizvi@monster.se