

monster®

EMPLOYMENT INDEX

CONTACTS:
Stefan Rizvi
Monster Worldwide Sweden
+46 8506 523 61
stefan.rizvi@monster.se

Online Job Opportunities Reach 14-month High, Reports Monster Employment Index Sweden

March 2010 Index Highlights:

- The Monster Employment Index Sweden increased seven points (six percent) in March; year-on-year offerings were up four percent
- Nearly all industry sectors reported increased offerings with management and consulting leading all sectors upwards; all occupational groups noted elevated online job demand
- Norra Sverige and Västsverige noted the largest jump in online recruitment activity whilst all other regions also saw online worker demand rise

Summary Overview

Following a surge in online job demand in February, online recruitment activity continued to increase in March, coinciding with ongoing improvement in Sweden's economy and increased business confidence and domestic consumption during the first quarter of the year. As business confidence has increased, there appears to have been increased investment in the technology sector which fuelled job demand in areas including research and development, IT and engineering.

The Monster Employment Index Europe is a monthly analysis of millions of online job opportunities culled from a large, representative selection of corporate career sites and job boards across the European Union, including Monster.se

Monster Employment Index Sweden findings the past 13 months are as follows:

Mar 10	Feb 10	Jan 10	Dec 09	Nov 09	Oct 09	Sep 09	Aug 09	Jul 09	Jun 09	May 09	Apr 09	Mar 09
132	125	108	116	114	103	102	98	107	115	115	117	127

“The uptick in online job demand in March is encouraging to see as it appears online recruitment activity has turned a corner and is really on the up. March also marked the first time the Index's annual growth rate increased since the economic crisis, further strengthening the view that 2010 will see a return to growth,” said Carl Silverstople, managing director Monster Scandinavia. “It's also encouraging to see that growth is not isolated in one Swedish region, as all regions noted increased demand.”

Technology related sectors spur growth in March

The majority of industry sectors noted increased online job demand in March. Management and consulting noted the sharpest uptick in online recruitment activity in March with offerings climbing 34 points (21 percent) and four percent year-on-year.

Following a jump in business confidence and increasing investment in business, a wide range of technology-related sectors saw online job opportunities grow in March. Research and development job demand increased 20 points (15 percent) compared to February 2010 and eight percent over the first quarter of 2010. The sector is now at its highest level since April 2009.

IT offerings surged 29 points (12 percent) in March and 13 percent during the first three months of the year. Annually, the sector reported a 10 percent increase in offerings. Similarly, engineering opportunities climbed 20 points (11 percent) compared to February 2010 and 13 percent year-on-year.

In other consumer driven sectors, hospitality and tourism noted a 10 point (eight percent) increase, whilst opportunities edged closer to year-earlier levels. In contrast, the sales sector exhibited a mild five point (two percent) dip in recruitment activity.

Year-on-year, construction and extraction exhibited the strongest uptick in online recruitment activity. Opportunities climbed 36 percent compared to year-earlier figures.

Managers online offerings jump whilst all other occupational groups report rising demand

Online job opportunities rose the most for managers largely due to increased demand in the management and consulting sector. The occupational group climbed 26 points (15 percent). From an annual perspective, demand was up four percent.

Service and sales workers' opportunities increased 18 points (10 percent) in March despite a mild dip in the sales sector. From a long-term perspective worker demand increased 17 percent over the first quarter of 2010 and eight percent year-on-year.

From an annual perspective, craft and related trade workers noted the sharpest increase in job opportunities; offerings were up 34 percent compared to March 2009.

All Swedish regions see monthly job availability rise

Worker demand rose for all regions in March with Vastsverige and Norra Sverige leading the rise, both registering monthly rises of eight points (seven percent). Vastsverige also noted a mild increase on an annual basis, as offerings edged up two points (two percent).

Östra Mellansverige reported a nine point (six percent) increase in online job availability in March. The region also boasted the sharpest rate of annual growth among Swedish regions; opportunities climbed 14 points (10 percent) compared to March 2009.

Best Performing Sectors

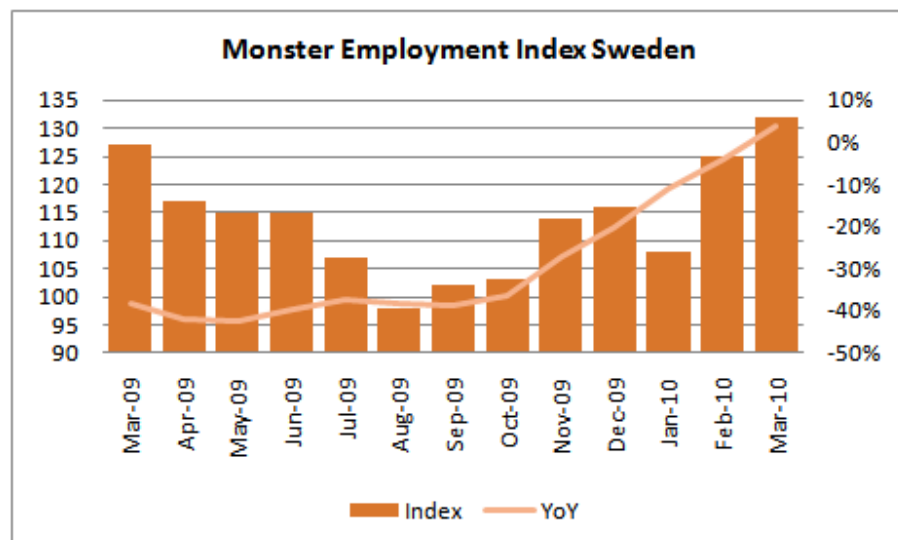
Industry sectors showing the best performance included:

Month-on-month

Industry	Mar 10	Feb 10	%
Management and consulting	196	162	21%
Research and development	154	134	15%
IT	281	252	12%
Engineering	204	184	11%
Banking, finance, insurance	104	94	11%

Year-on-year

Industry	Mar 10	Mar 09	%
Construction and extraction	217	159	36%
Sales	205	164	25%
Accounting, audit, taxes	283	234	21%
Engineering	204	181	13%
Production, manufacturing, maintenance, repair	136	122	11%



Monster Employment Index Sweden findings across industry sectors for the past 13 months are as follows:

Industry	Mar 10	Feb 10	Jan 10	Dec 09	Nov 09	Oct 09	Sep 09	Aug 09	Jul 09	Jun 09	May 09	Apr 09	Mar 09
Accounting, audit, taxes	283	262	229	265	249	211	199	195	217	227	227	236	234
Administrative, organisation	160	157	135	128	142	126	124	121	124	129	137	145	162
Agriculture, fishing and forestry	170	161	126	127	117	113	127	123	123	127	132	164	173
Banking, finance, insurance	104	94	93	104	98	88	89	85	97	107	102	109	119
Construction and extraction	217	198	159	180	169	156	160	146	159	170	157	153	159
Education, training and library	94	95	96	104	97	93	94	96	108	117	108	90	89
Engineering	204	184	173	178	185	168	150	142	168	169	181	162	181
Healthcare, social work	153	143	107	110	108	106	105	111	108	114	120	137	157
Hospitality and tourism	130	120	100	106	109	105	116	110	104	113	120	128	134
IT	281	252	238	245	233	204	177	176	201	208	214	238	256
Management and consulting	196	162	175	188	188	161	165	148	157	159	167	175	188
Marketing, PR and media	68	70	54	57	62	54	63	55	57	64	61	70	70
Production, manufacturing, maintenance, repair	136	130	109	110	116	115	105	96	102	103	110	111	122
Public sector, defence, community	100	98	95	94	91	94	93	91	92	89	95	88	91
Research and development	154	134	136	135	137	119	105	121	139	140	137	169	178
Sales	205	210	171	175	182	165	168	149	155	169	164	170	164
Transport, post and logistics	140	136	115	122	117	115	119	109	113	124	130	133	132

Monster Employment Index Sweden findings across occupational categories for the past 13 months are as follows:

Occupation	Mar 10	Feb 10	Jan 10	Dec 09	Nov 09	Oct 09	Sep 09	Aug 09	Jul 09	Jun 09	May 09	Apr 09	Mar 09
Managers	204	178	175	178	190	163	165	150	155	163	170	184	196
Professionals	151	145	135	150	139	124	121	123	144	159	152	140	148
Technicians and associate professionals	104	100	84	88	88	79	77	72	78	84	86	92	102
Clerical support workers	144	140	121	121	129	123	116	116	126	127	145	138	140
Service and sales workers	192	174	136	142	146	141	156	152	139	144	158	171	178
Skilled agricultural, forestry and fishery workers	134	126	105	103	99	94	98	97	101	106	108	125	131
Craft and related workers	224	210	165	187	175	162	169	149	163	178	165	165	167
Plant and machine operators, and assemblers	130	123	95	102	106	104	98	90	95	100	102	105	101
Elementary occupations	135	128	104	122	124	117	143	122	120	134	134	135	138

Monster Employment Index Sweden findings across Swedish regions for the past 13 months are as follows:

Region	Mar 10	Feb 10	Jan 10	Dec 09	Nov 09	Oct 09	Sep 09	Aug 09	Jul 09	Jun 09	May 09	Apr 09	Mar 09
Norra Sverige (Norra Mellansverige, Mellersta Norrland, Ovre Norrland)	117	109	102	106	106	100	101	98	106	105	113	112	120
Ostra Mellansverige (Ostra Mellansverige, Stockholm)	150	141	122	130	129	114	111	106	115	128	126	128	136
Sydsverige Med Oarna (Sydsverige, Smaland Med Oarna)	130	127	106	119	114	104	101	99	108	118	117	122	135
Vastsverige (Vastsverige)	120	112	93	101	97	89	90	86	93	98	106	105	118

Monster Employment Index data for April will be released on May 11, 2010.

About The Monster Employment Index Europe

The Monster Employment Index Europe provides monthly insight into online recruitment trends across the European Union. Launched in June 2005 with data from December 2004, the Index is based on a review of millions of employer job opportunities culled from a large, representative selection of corporate career sites and job boards, including Monster. The Monster Employment Index's underlying data is validated for accuracy by Research America, Inc. – an independent, third-party auditing firm – to ensure that measured online job recruitment activity is within a margin of error of +/- 1.05%.

The Index monitors online job opportunities across all European Union member countries.

The monthly reports for Belgium, France, Germany, Italy, the Netherlands, Sweden, the United Kingdom and Europe are available at: <http://about-monster.com/employment/index/17>.

About Monster Worldwide

Monster Worldwide, Inc. (NYSE: MWW), parent company of Monster, the premier global online employment solution for more than a decade, strives to inspire people to improve their lives. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 index. To learn more about Monster's industry-leading products and services, visit www.monster.com. More information about Monster Worldwide is available at <http://about-monster.com/>.

Special Note: Safe Harbor Statement Under the Private Securities Litigation Reform Act of 1995: Except for historical information contained herein, the statements made in this release constitute forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Such forward-looking statements involve certain risks and uncertainties, including statements regarding Monster Worldwide, Inc.'s strategic direction, prospects and future results. Certain factors, including factors outside of Monster Worldwide's control, may cause actual results to differ materially from those contained in the forward-looking statements, including economic and other conditions in the

markets in which Monster Worldwide operates, risks associated with acquisitions, competition, seasonality and the other risks discussed in Monster Worldwide's Form 10-K and other filings made with the Securities and Exchange Commission, which discussions are incorporated in this release by reference.

CONTACT:

Stefan Rizvi
Monster Worldwide Sweden
+46 8506 523 61
stefan.rizvi@monster.se