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EMPLOYMENT INDEX

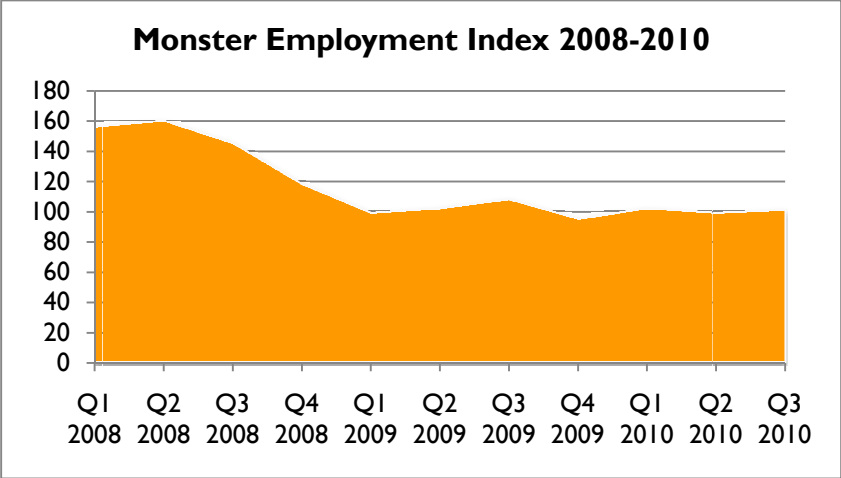
Monster Employment Index Canada Up Two Points in Q3

- Index of online job postings climbs two points to 101 in third quarter of 2010
- Online postings remain seven percent lower compared to Q3 in 2009, further easing from -3 percent in Q2
- 5 of 10 job categories, 10 of 13 cities tracked register stronger online recruitment
- Ontario and New Brunswick lead gains among provinces

The Monster Employment Index Canada increased by two points to 101 in the third quarter of 2010, rising amid stronger online recruitment in most of the major Canadian cities tracked. Despite the rise in Q3, the Index remains down overall by seven percent year-over-year.

The Monster Employment Index Canada is based on a real-time review of millions of employer job opportunities culled from a large, representative selection of corporate career sites and job boards, including Monster.ca[®].

During the third quarter of 2010, five of 10 occupational categories tracked by the Index showed stronger online job demand compared to the previous quarter. Index results for the latest quarter, as well as previous quarters, are as follows:



Q3 2010	Q2 2010	Q1 2010	Q4 2009	Q3 2009	Q2 2009	Q1 2009	Q4 2008	Q3 2008
101	99	102	95	108	102	99	118	145

“Following a slight decline in Q2, the Monster Employment Index increased slightly during Q3, reflecting a positive online recruitment trend in most major Canadian cities tracked and in half of the Index’s occupational categories,” said Peter Gilfillan, senior vice president of international sales and general manager of Monster Canada. “While

online recruitment by Canadian employers remains lower than a year ago, the gains made in Q3 are encouraging.”

Online Recruitment Rises in Five of 10 Job Categories Tracked

Five of the 10 major job categories tracked by the Monster Employment Index posted stronger online recruitment in Q3, led by three sectors: natural and applied sciences (which includes computer- and IT-related occupations); trades, transportation and warehousing; and, art, culture and recreation.

Online recruitment in business, finance and administration jobs rose by one point to 83 in Q3, up by two percent compared to the 2009 Q3 period. Online recruitment in sales and service occupations fell five points to 75, and was down 14 percent from a year earlier. Online job opportunities in trades, transportation and equipment operator jobs increased by about four points to 86, but recruitment was down about one percent from a year earlier.

Online opportunities in management occupations fell four points to 85, but recruitment was up about one percent from a year earlier. Online job availability in processing and manufacturing occupations fell one point to 86 and was down year-over-year by seven percent.

Online recruitment for jobs in health occupations fell for a fourth consecutive quarter, declining four points to 82 during Q3 and down 24 percent from a year earlier.

Occupations in natural and applied sciences climbed one point to 108, but the category was down about two percent year-over-year.

Art, culture and recreation jobs gained four points to 117 and recruitment was up by three percent year-over-year.

Occupations in social science, education, government service and religion declined by six points to 70 and that category was down 11 percent from the 2009 Q3 period. Occupations unique to primary industry fell by 27 points to 87, down 12 percent year-over-year.

National Occupation Classifications	2010			2009				2008			
	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1
Business, Finance and Administrative Occupations	83	82	78	77	81	75	77	94	106	114	113
Health Occupations	82	86	88	99	108	103	98	103	108	130	149
Management Occupations	85	89	84	79	84	83	92	112	123	152	146
Natural and Applied Sciences and Related Occupations	108	107	107	106	110	104	108	121	133	157	162
Occupations Unique to Primary Industry	87	114	122	116	99	109	117	126	182	193	199
Occupations Unique to Processing, Manufacturing and Utilities	86	85	80	87	93	78	87	115	125	146	135
Occupations in Art, Culture, Recreation and Sport	114	110	102	105	110	103	107	137	140	129	123
Occupations in Social Science, Education, Government Service and Religion	70	76	73	71	79	80	76	81	90	101	97
Sales and Services Occupations	75	80	77	80	87	79	84	97	104	124	129
Trades, Transport and Equipment Operators and Related Occupations	86	82	78	77	87	83	77	95	118	130	120

Online Job Availability Increases in Four Provinces

Online job availability during the third quarter of 2010 was stronger in four provinces. Three provinces saw recruitment remain flat while three provinces – B.C., Quebec and Newfoundland – saw weaker online recruitment during Q3.

For Central Canada, recruitment climbed five points to 81 in Ontario amid stronger recruitment in manufacturing, but activity fell five points to 130 in Quebec amid weaker demand for workers in sales and services jobs; business, finance and administration jobs; and, management.

In the West, online recruitment fell by one point in British Columbia to 90, while Saskatchewan was up by about three points to 83 and Alberta rose two points to 97. Manitoba was unchanged at 98. The West saw stronger recruitment in trades and transportation jobs.

In Eastern Canada, online opportunities climbed in New Brunswick by eight points to 99 amid stronger demand for workers in business; sales and services; and, management jobs. There was no change in PEI, at 121, or Nova Scotia, at 92, during Q3. Newfoundland/Labrador fell 46 points to 71, with weaker demand in sales and services jobs leading the decline there.

Provinces & Territories	2010			2009				2008			
	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1
Alberta		95	88	91	98	95	96	118	141	148	147
British Columbia		91	91	102	110	105	96	108	126	136	137
Manitoba		98	92	100	112	111	111	121	132	141	140
New Brunswick		91	89	88	107	93	90	98	118	113	113
Newfoundland and Labrador		117	127	147	136	135	125	147	158	177	163
Nova Scotia		92	81	74	113	96	78	83	122	144	112
Northwest Territories		101	102	101	107	103	99	103	102	110	157
Nunavut		116	112	110	122	131	109	120	116	139	160
Ontario		76	84	81	91	80	82	103	135	148	152
PEI		121	97	103	127	119	104	110	129	136	97
Quebec		135	121	113	125	122	119	132	149	158	136
Saskatchewan		81	71	83	94	98	81	106	139	133	127
Yukon		98	93	97	100	97	95	96	101	111	138

Adjusted to total working population, the Monster Employment Index Canada found the following provinces to be the top six in terms of online job availability during the third quarter of 2010:

<u>Rank</u>	<u>Province</u>
1	Alberta
2	Quebec
3	Saskatchewan
4	Nova Scotia
5	PEI
6	Ontario

Online Job Availability Climbs in Seven of 13 Major Cities

Online recruitment activity was stronger in seven of the 13 major cities monitored by the Index, with one city remaining unchanged and five losing ground in Q3.

In Ontario, online opportunities in Toronto increased two points to 86 amid stronger activity in trades and transportation; manufacturing, and primary industry occupations.

Activity in Ottawa-Gatineau fell one point to 96 as demand declined for workers in sales and service jobs; and, in business, finance and administrative occupations. Hamilton saw online recruitment rise by six points to 112 as demand rose for workers in trades and transportation; and, social science, education and government jobs. Online recruitment in Kitchener rose about four points to 95.

In Quebec City, online recruitment fell by 10 points to 220 while Montreal increased 13 points to 145 amid stronger demand in trades and transportation; primary industry; and, art, culture and recreation jobs.

In the West, online recruitment fell in Vancouver by one point to 91, while Calgary rose one point to 101 and Edmonton rose three points to 97. Winnipeg was up by a point to 118. Online recruitment in the West increased in manufacturing; trades and transportation; and, primary industry. Saskatoon was down one point to 79 in Q3 while Regina was unchanged at 86.

In the East, online recruitment in Halifax fell two points to 111 amid weaker demand in sales and services and in management jobs.

Census Metropolitan Areas	2010			2009				2008			
	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3	Q2	Q1
Calgary	101	100	98	100	103	101	100	114	131	140	139
Edmonton	97	94	84	90	100	97	98	122	147	153	154
Halifax	111	113	121	122	147	123	119	124	130	151	98
Hamilton	112	106	102	112	124	112	121	157	194	214	211
Kitchener	95	91	90	98	105	107	103	120	143	155	161
Montreal	145	132	143	125	151	135	140	150	188	193	176
Ottawa/Gatineau	96	97	113	113	120	116	112	113	132	132	136
Quebec City	220	230	238	171	182	159	151	146	154	156	135
Regina	86	86	81	95	105	107	88	109	139	129	123
Saskatoon	79	80	77	81	91	92	78	98	132	129	126
Toronto	86	84	87	85	89	80	82	98	121	135	147
Vancouver	91	92	93	104	111	107	96	105	116	126	130
Winnipeg	118	117	111	121	135	134	133	143	156	166	165

Adjusted to total working population, the Monster Employment Index Canada found the following cities to be the top six in terms of online job availability during the third quarter of 2010:

Rank	CITY
1	Quebec City
2	Edmonton
3	Calgary
4	Regina
5	Saskatoon
6	Montreal

About the Monster Employment Index Canada

The Monster Employment Index Canada is a broad and comprehensive quarterly analysis of Canadian online job demand conducted by Monster Worldwide, Inc. (NYSE: MWW), parent company

of the leading global online careers and recruitment resource Monster®. As the first national index measuring real-time online job demand, the Monster Employment Index Canada is based on millions of online job postings and data culled from Monster Canada (www.monster.ca), as well as a number of other recruitment Web sites considered representative of employer activity nationwide.

With data collected since April 2005, the Index uses a consistent methodology to track overall online job demand in Canada, providing Canadian labour-market watchers with a new forward-looking indicator of employer demand for employees. All of the data and findings in the Monster Employment Index Canada are validated for accuracy through third party auditing conducted by U.S.-based Research America, Inc. . Index reports can be accessed and subscribed to free-of-charge online at <http://www.about-monster.com/employment-index>. The next report of the Monster Employment Index Canada will be released in January 2010. To obtain a full copy of the Monster Employment Index Canada report for the third quarter of 2010, including all charts and tables, or subscribe and have future reports emailed to you on a quarterly basis, please visit <http://www.about-monster.com/employment/index/18>.

About Monster Canada

Monster Canada (www.monster.ca) is Canada's leading online career resources portal - a bilingual, user-friendly site that is improving the employment and recruitment experience in today's competitive job market. Headquartered in Montreal, Monster Canada is part of Monster, the leading global careers and recruitment resource online. With a local presence in key markets in North America, Europe, and Asia, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500 Index. To learn more about Monster's industry-leading employer products and services, please visit <http://hiring.monster.ca>.

About Monster Worldwide

Monster Worldwide, Inc. (NYSE: MWW), parent company of Monster®, the premier global online employment solution for more than a decade, strives to

inspire people to improve their lives. With a local presence in key markets in North America, Europe, Asia and Latin America, Monster works for everyone by connecting employers with quality job seekers at all levels and by providing personalized career advice to consumers globally. Through online media sites and services, Monster delivers vast, highly targeted audiences to advertisers. Monster Worldwide is a member of the S&P 500. To learn more about Monster's industry-leading products and services, visit www.monster.com.

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Special Note: Safe Harbor Statement Under the Private Securities Litigation Reform Act of 1995: Except for historical information contained herein, the statements made in this release constitute forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Such forward-looking statements involve certain risks and uncertainties, including statements regarding Monster Worldwide, Inc.'s strategic direction, prospects and future results. Certain factors, including factors outside of Monster Worldwide's control, may cause actual results to differ materially from those contained in the forward-looking statements, including economic and other conditions in the markets in which Monster Worldwide operates, risks associated with acquisitions, competition, seasonality and the other risks discussed in Monster Worldwide's Form 10-K and other filings made with the Securities and Exchange Commission, which discussions are incorporated in this release by reference.

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